

LIBBY SCHMANKE, MS, ATR-BC, LCAC, MAC

PROFESSIONAL CERTIFICATIONS

Board-Certified Art Therapist (ATR-BC), Art Therapy Credentials Board (2005-current)
Registered Art Therapist (ATR), Art Therapy Credentials Board (2004-current)

Licensed Clinical Addictions Counselor (LCAC), State of Kansas (2011-current)
Certified Substance Abuse Counselor, State of Kansas (1990-2011)

Master Addiction Counselor (MAC), National Certification Commission for Addiction Professionals (2016-current)

ACADEMIC PREPARATION

MS in Art Therapy, Emporia State University, Emporia, KS, 2002.

Research Project: *The effect of an intervention using the Bridge Drawing and Story on the anticipated adjustment of college freshmen.*

Master's Project: *Archiving the Robert Ault Manuscripts.*

- Outstanding Art Therapy Graduate Student Award, 2002.

Certificate in Addictions Counseling, Washburn University, Topeka, KS, 1988.

26 credit hours with internship.

- President's List.

BA in Humanities, Ottawa University, Ottawa, KS, 1976.

Self-designed degree combining psychology, philosophy, literature, and art.

Senior Comprehensive Dissertation: *The Examined Life: Understandings of Existence in Literature and Philosophy.*

- Magna cum laude.

Additional undergraduate academic coursework in studio art and psychology taken during the years 1992-2000, totaling 48 credit hours.

Continuing Education in Mental Health: More than 25 CECs accrued annually since 1990.

PROFESSIONAL EXPERIENCE

CURRENT

Instructor and Internship Coordinator (full time faculty position), Graduate Art Therapy Program, Department of Counselor Education, Emporia State University, Emporia, KS. (See responsibilities below; this position is a consolidation of my former half time and adjunct responsibilities at Emporia State.)

August 2005-- **Adjunct instructor**, Washburn University, Topeka, KS. Teach their two classes about art therapy, which are undergraduate electives in the art and psychology departments.

HISTORICAL

August 2002--

Clinical Instructor and Internship Coordinator (half time faculty position), Emporia State University.

Teach three courses annually (AT801 Group Art Therapy and Special Populations; AT802 Developmental Treatment Models; AT835 Art Therapy Internship); coordinate student internship placements and develop new sites; provide student supervision; serve on master's project and thesis committees; perform program evaluation; host an annual art therapy conference; serve on university committees and task forces; provide graphic design and production as needed for program and conference needs; other as needed.

Fall 2014--

Adjunct Instructor (in addition to faculty position duties above): AT800 Art Therapy Foundations, AT804 Art Therapy Advanced Assessment and Techniques in Families and Relationships; AT 812 Applied Art Therapy Research, RE670 Substance Abuse Counseling; RE301 Rehabilitation Research and Report-Writing; PY 303 Introduction to Art Therapy, and additional sections of AT835 Art Therapy Internship.

Fall 2016-- segued to Full Time position.

August 2005—May 2014

Private Practice, *Art & Insight*, Lawrence, KS.

Studio and clinical private practice in art therapy. Worked individually with adolescents and adults with substance abuse issues, trauma, and adjustment issues; provided post-graduate supervision for those seeking national art therapy credentials; contracted art therapy services for local human service agencies and Native American tribal and academic institutions; and offered creativity groups and workshops for the general public.

May 2002- May 2005.

Women's Program Coordinator/Counselor, Sims-Kemper Recovery, Inc., Topeka, KS.

Provided substance abuse counseling and art therapy in group, individual, and family modalities; ongoing curriculum design and evaluation of women's program; coordinated and provided some services for the agency's adolescent and men's programs.

January 1996 – July 2000.

Director, First Step House, Lawrence, KS.

Coordinator of a women's and children's residential substance abuse reintegration facility; responsible to the executive director and board of directors of the parent company, DCCCA, Inc. Oversaw facility budget, wrote grants, supervised staff of 15, provided inservices to staff and to other programs of parent company, spearheaded program design and evaluation, maintained agency's state licensure. Also served as the clinical director and provided direct service (individual and group).

August 1991 – September 1994.

Program Coordinator, ADAPT (Alcohol and Drug Abuse Primary Treatment), Topeka Correctional Facility, Topeka, KS.

Director of the state-contracted substance abuse treatment program in the Kansas women's prison. Designed and evaluated program; supervised counselors; provided direct service; continual coordination with the prison administration, parole board and State Department of Corrections as well as the parent contracting agency (DCCCA, Inc.); maintained program licensure through state SRS.

May 1988 – August 1991

Substance Abuse Counselor, DCCCA, Inc., Lawrence and Topeka, KS.

Counselor at DCCCA programs in community outpatient and correctional settings.

January 1987 – May 1988

Counselor Technician, Services for Alcohol Related Problems (SARP), Topeka, KS.

Intake technician and group facilitator in social detox and inpatient residential settings.

May 1976 – December 1986

Free-lance artist and community arts organizer, Ottawa, KS.

Co-founded the Ottawa Community Arts Council and served as its representative in the Association of Community Arts Councils of Kansas.

Free-lance graphic design.

PROFESSIONAL SERVICE AND MEMBERSHIPS

Subject Matter Expert/Committee member, Art Therapy Credentials Board (ATCB) Certification Committee, 2015-current* (returning member)

Credentialed Professional Member, American Art Therapy Association (AATA), 2002-current.

Member, Coalition of Art Therapy Educators (CATE), 2002-current

Member, Kansas Art Therapy Association (KATA), 2000-current

Member and Recognition Committee Chair, Advisory Council for Northeast Kansas Foster Grandparents Program, 1996-current

Director on the national Art Therapy Credentials Board (ATCB), Jan. 2010-Dec. 2014

Secretary of the Board, 2012-2014;

Chair, Policies and Procedures Committee; 2012-2014;

Board Liaison to the Certification Examination Committee, 2010-2014.

*Chair, ATCB Certification Committee, 2008-2009; member 2005-2007.

Member, Lawrence Art Guild, 2005-2011

Chair, Friends of First Step House, 2000-2010

Member, Committee for Advanced Programs, Emporia State University, 2008-2010

Member, Kansas SRS/AAPS Annual Recovery Conference committee, 2006-2007

Consultant and Juror, Veteran's Administration Creative Arts Competition of Kansas, 2005-2007

State-appointed Member and Publicity Committee Chair, Kansas Citizen's Committee on Alcohol and Other Drug Abuse (an advisory council to the state legislature), 2003-2006

Member and Secretary, Emporia State University Student Art Therapy Organization, 2000-2002

Kansas Representative, Association of Halfway House Alcoholism Programs of North America, 1996-1998

Board of Directors, First Step House, Inc., 1993-1996

Kansas Department of Corrections Advisory Council on Female Offenders, 1990-1993

Board of Directors, Yoga Midwest, Lawrence, KS, 1986-1988

Co-founder, Newsletter Editor, and Member, Ottawa (KS) Community Arts Council, 1977-1985

PUBLICATIONS

Schmanke, L. (in press). Art therapy applications and substance abuse. In Elkis-Abuhoff, D. & Gaydos, M. (Eds.). *Art therapy in medical settings*. Routledge.

Schmanke, L. (2017). *Art therapy and substance abuse: Enabling recovery from alcohol and other drug addiction*. London, UK: Jessica Kingsley.

Schmanke, L. (2015). Substance abuse. In D. Gussak and M. Rosal (Eds.), *The Wiley handbook of art therapy* (pp. 361-375). Oxford, United Kingdom: Wiley-Blackwell.

McAlevy, M. E., Treadon, C. B., Schmanke, L., & Anand, S. A. (2014). The importance of art therapy credentialing. *American Art Therapy Association Newsletter, XLVII* (4), 4-7.

Regular contributor to *ATCB Review*, the Newsletter of the Art Therapy Credentials Board:

- Schmanke, L. (2017, Fall). The making of an examination. *ATCB Review, 24*(3), 1 & 5.
- Schmanke, L. (2014, Fall). AATA or ATCB: Who ya gonna call? *ATCB Review, 21*(3), 5 & 9.
- Schmanke, L. (2014, Summer). Using one exam for two outcomes. *ATCB Review, 21*(2), 2.
- Schmanke, L. (2014, Summer). The Exam and the DSM-5. *ATCB Review, 21*(2), 7.
- Schmanke, L. (2013, Summer). The ongoing scientific development of the Art Therapy Credentials Board Examination (ATCBE). *ATCB Review, 20*(2), 3 & 11.
- Schmanke, L. (2013, Spring). Understanding continuing education requirements for recertification. *ATCB Review, 20*(1), 3.
- Schmanke, L. (2012, Fall). Credential maintenance and status alternatives for inactive or retired credential holders. *ATCB Review, 19*(3), 3-4.
- Schmanke, L. (2012, Summer). Eligibility requirements regarding supervision for the registration (ATR) credential. *ATCB Review, 19*(2), 3.
- Schmanke, L. (2012, Spring). Considerations impacting the requirement of art therapy-specific continuing education. *ATCB Review, 19*(1), 4 & 9.
- Schmanke, L. (2011, Fall). Profile: Deborah Corrington. *ATCB Review, 18*(3), 7-8.
- Schmanke, L. (2011, Fall). Preparation for taking the Art Therapy Credentials Board Examination (ATCBE). *ATCB Review, 18*(3), 6.
- Schmanke, L. (2011, Summer). Same exam, separate application process: The ATCBE for state licensure and national board-certification. *ATCB Review, 18*(2), 7.
- Schmanke, L. (2011, Spring). Guide to revisions of the Recertification Standards for Board Certification. *ATCB Review, 18*(1), 4 & 12.

Schmanke, L. (2009). Foreword. In Nobis, W. *The art of recovery*. Mustang, OK: Tate.

Schmanke, L. (2008). In memoriam: The life of Robert Ault, art therapy pioneer. *American Art Therapy Association Newsletter, XLI* (2), 1 & 5-6.

REFEREED/PEER REVIEWED PRESENTATIONS

Working with shadow in art therapy with substance abuse. Workshop presented at the 48th annual conference of the American Art Therapy Association, Albuquerque, NM, November 9, 2017.

Introducing SoulCollage® in art therapy with the substance abuse population. Workshop presented with K. Kirby at the 47th annual conference of the American Art Therapy Association, Baltimore, MD, July 7, 2016.

Bridging Terrains with Adolescents. Paper presented at the 46th annual conference of the American Art Therapy Association, Minneapolis, MN, July 11, 2015.

Use of SoulCollage® in Art Therapy. Half-day Advanced Practice Course taught with A. Chowdhury at the 45th annual conference of the American Art Therapy Association, San Antonio, TX, July 13, 2014.

Helping Adolescents Get to Positive. Paper presented at the Kansas Art Therapy Association's 35th annual symposium, Kansas City, Missouri, Nov. 2, 2013.

Contour Drawing Self Portraiture: Theory and Experience of the Ault/Layton Approach. Half-day Advanced Practice Course taught at the 43rd annual conference of the American Art Therapy Association, Savannah, GA, July 12, 2012.

Therapeutic Benefits of Contour Drawing Self-Portraiture. Paper presented at the 42nd annual conference of the American Art Therapy Association, Washington, D.C., July 9, 2011.

In-session Therapist Artmaking in a Case of Trauma and Grief. Paper presented at the American Art Therapy Association annual conference, Sacramento, CA, November 4, 2010.

Using Side-by-Side Artmaking to Enhance Mindful Presence in the Therapeutic Relationship. Presented at the Kansas Art Therapy Association 32nd Annual Symposium, Elmdale, KS, April 17, 2010.

Strong Roots: Building on the Bob Ault Model of Studio Private Practice. Paper presented at the American Art Therapy Association annual conference, Dallas, TX, November 20, 2009.

The Sedna Project: Art Therapy for Native American Women Survivors of Abuse. Presented at the American Art Therapy Association annual conference, Albuquerque, Nov. 15, 2007.

Artful Books: Using Alternative Art Book Techniques for Personal Exploration and Therapy. Half-Day Pre-conference Plenary Workshop, Kansas Art Therapy Association annual conference, Apr.13, 2007.

Harnessing the Power of Imagery to Rebuild Women's Lives. Paper presented at the American Art Therapy Annual Conference, New Orleans, November 19, 2006.

Art Therapy with Women's Issues. Presented at Kansas Art Therapy Association annual conference, Kansas City, April 8, 2006.

Women in Substance Abuse Treatment: Bridges to Recovery. Paper presented at the American

Art Therapy Annual Conference, Atlanta, November 17, 2005.

Use of the Bridge Drawing and Story with Women in Substance Abuse Treatment. Paper presented at Kansas Art Therapy Association annual conference, 2003.

Art Therapy and Special Issues for Women in Substance Abuse Treatment. Paper presented at Kansas Art Therapy Association annual conference, 2002.

INVITED PRESENTATIONS

Master Supervision Session on Substance Addictions. Facilitated at the 48th annual conference of the American Art Therapy Association, Albuquerque, NM, November 11, 2017.

Master Supervision Session on Substance Addictions. Facilitated at the 47th annual conference of the American Art Therapy Association, Baltimore, MD, July 7, 2016.

Master Supervision Session on Substance Addictions. Facilitated at the 46th annual conference of the American Art Therapy Association, Minneapolis, MN, July 9, 2015.

Master Supervision Session on Substance Addictions. Facilitated for the 45th annual conference of the American Art Therapy Association, San Antonio, TX, July 13, 2014.

Art Therapy with PTSD and Traumatic Grief. Presented for the Professional Development Series of the Department of Psychology, Emporia State University, April 5, 2012.

Keys to Art Therapy. Inservice, Lawrence Public Library, Lawrence, KS, September 7, 2011.

Bob Ault: Kansas Art Therapy Pioneer. Presented at the public meeting of the Lawrence Art Guild, Lawrence, KS, January 17, 2011.

Art Making for Stress Relief. Presented at the Lifelong Fitness class, Perry-Lecompton High School, Perry, KS, September 9, 2010 and February 21, 2011.

Images of Art Therapy. Guest lecture in School of Social Welfare, Washburn University, Topeka, KS, April 29, 2010.

Images from an Art Therapy Private Practice. Presented for the Professional Development Series, Department of Psychology, Emporia State University, November 3, 2009.

Creativity and Self-Expression. Presented for the Shepherd's Center of Topeka (adult education program), September 18, 2009.

Art Therapy and Cultural Diversity. Lecture in School of Social Work, Kansas University, Oct. 29, 2009.

Introduction to Artist Trading Cards. Workshop for Kansas Art Therapy Association, July 18, 2009.

A Program of Art Therapy with Native American Students. Presented for the Professional Development Series, Department of Psychology, Emporia State University, February 17, 2009.

Fabric Techniques for Art Therapy. Workshop provided for the Kansas Art Therapy Association winter meeting, January 31, 2009.

Robert Ault: Art Therapy Pioneer. Memorial address presented at the American Art Therapy Association annual conference, Cleveland, November 21, 2008.

Individual Art Therapy in Residential Substance Abuse Treatment: A Case Study. Presented for the Professional Development Series, Department of Psychology, Emporia State University, November 4, 2008.

Overview of The Sedna Project: A Program of Art Therapy for Students of Haskell Indian Nations University. Presented at GaDuGi SafeCenter, Inc. (volunteer training inservice), August 18, 2008.

The Power of Creativity. Presented for the meeting of the Lawrence Art Guild, Lawrence (KS) Public Library, April 21, 2008.

Introduction to SoulCollage®. Workshop provided for the Kansas Art Therapy Association, Lawrence, February 16, 2008.

The Power of Imagery. Presented at the Mid America Pastel Society, Prairie Village, Kansas, January 22, 2008.

Creating Options in Private Practice. Presented for the Professional Development Series, Department of Psychology, Emporia State University, November 1, 2007.

Art as Healing for Breast Cancer Survivors. Featured workshop of the Lawrence (KS) Arts Center's month-long symposium, "Art as Healing: Surviving and Thriving," October 15, 2007.

Experiencing Art as Therapy. Presented at Recovery & Hope Network, Lawrence, KS, December 27, 2006.

Art as Healing: Quietening the Inner Critic. Featured workshop of the Lawrence Arts Center's month-long "Healing through the Arts 2006," October 24, 2006.

Use of Collage Techniques in Art Therapy. Workshop provided for summer meeting of the Kansas Art Therapy Association, July 22, 2006.

What Is Art Therapy? Presented at Lawrence chapter, National Alliance for the Mentally Ill (NAMI), Lawrence, KS, June 15, 2006.

Art Therapy as a Profession. Presented at the Seminar on Professional Issues, Graduate Psychology Program at Emporia State University, 2005.

Dropping Petals: A Case Study. Presented at Sims-Kemper Recovery Center, Topeka, KS, 2005.

Medical Art Therapy. Presented at Workshop in Alternative Health Care for Nurses, Allen County (KS) Community College, Burlington, KS, 2004.

Art and Teambuilding Staff Retreat. Designed and facilitated a daylong workshop for staff of Women's Recovery Center, Inc., Topeka, KS, 2003.

Case Studies in Individual Counseling with Art Therapy for Women in Substance Abuse Treatment. Inservice at Sims-Kemper Recovery Center, 2003.

Use of Art Techniques in Substance Abuse Treatment Groups. Presented at Women's Recovery Center, Inc., Topeka, 2002.

REPEATED PRESENTATIONS

Art Therapy. Guest lecturer for the Washburn University class in the School of Social Welfare, Alternative Therapies; 2010-2013.

SoulCollage® Facilitator Trainings. Assist regional trainer at Kansas City area trainings: Heartland Center, Parkville, MO, October 7-9, 2011; Unity Village, MO, March 15-17, 2013; Webster University, St. Louis, MO, May 31-June 2, 2013; Unity Village, MO, October 3-5, 2014.

Art Therapy as a Career Choice. Present annually at Perry-LeCompton High School, Perry, KS, 2007-2013.

Creativity and the Second Half of Life. Class provided for various locations for The Osher Institute of The University of Kansas School of Continuing Education: Lawrence, KS, June 12-26, 2008; Brewster Place, Topeka, KS, July 10-21, 2008; Maples Woods Community College, Kansas City, MO, June 11-25, 2009.

Understanding the Substance Abuser. Guest lectured to MSW students at Kansas University, 1995 and the University of Missouri-Kansas City, 1996.

Fairy Tale, Myth, and Archetype. Guest lectured for introductory literature course, each semester 1991-1996 at Highland (KS) Community College.

From 1996-2000, designed and facilitated numerous inservices and staff retreats featuring team building, art and relaxation techniques for staff of First Step House and other DCCCA programs, Lawrence and Topeka, KS.

RESEARCH INTEREST

Schmanke, L. *Examining potential attitude markers in Bridge Drawings of women in inpatient and outpatient substance abuse treatment.* Ongoing.

Schmanke, L. *The effect of licensure status on the daily work of art therapists.* Unpublished survey, 2009.

Schmanke, L. *The effect of an intervention using the Bridge Drawing and Story on the anticipated adjustment of college freshmen.* Poster presented at Emporia State University, 2001.

HONORS & AWARDS

Recognition of Special Service on the Board of Directors, Art Therapy Credentials Board, 2014

Decade Faculty Service Recognition, Emporia State University, 2013

Kansas Social Rehabilitation Services/Addiction and Prevention Services Certificate of Appreciation, 2006

State of Kansas Award for Service to the Recovery Community, 2004

Outstanding Art Therapy Graduate Student Award, Emporia State University, 2002

MOST RECENT FINE ART EXHIBITION

Painting chosen by publisher for the cover of my book, *Art Therapy and Substance Abuse*, Jessica Kingsley Publishers, 2017.

Creations of Recovery Exhibition, The Orchard Gallery, Juried exhibition in conjunction with NAADAC Behavioral Health Conference, Lincoln, NE, May 21-June 2, 2016.

The Art of Art Therapists, PopUp Gallery, Kansas City, Missouri, Nov. 1-30, 2013.

Northtowne Art Guild: Selected Artists, North Kansas City, Missouri, May 3-July 3, 2013.