

# HEALTH, PHYSICAL EDUCATION AND RECREATION

Web: <http://www.emporia.edu/hper>  
Phone: 620-341-5926

**Paul Luebbers, Chair**  
**Vicki Worrell, Graduate Advisor**

## Graduate Faculty

**Professors:** Joan Brewer, Mike Butler, Paul Luebbers, Mark Stanbrough, Vicki Worrell

**Associate Professors:** Shawna Shane, Jennifer Thomas

**Assistant Professors:** Tyler Goad, Sunnin Keosybounheuang, Hannah Kipfer, Keith Pfannenstiel

The Department of Health, Physical Education, and Recreation offers graduate work leading to the Master of Science degree in HPER for students interested in advancing their education and opportunities in such areas as teaching, health promotion, coaching, and research.

All of the graduate faculty members in the department have completed doctoral degrees. Many of the faculty members are nationally recognized in their fields. The department is housed in a facility which includes smart classrooms, seminar rooms, five gymnasiums, human performance lab, athletic training lab, eight-lane swimming pool and an adaptive pool, 3 handball-racquetball courts, a spin cycle room, a strength and conditioning room, central office suite and dance studio.

## Master Degree Program

The master's degree offered through the Department of Health, Physical Education, and Recreation at Emporia State University is completed entirely online. This unique program was the first fully accredited distance learning master's degree program in Health, Physical Education, and Recreation in the United States.

## Admission Requirements

The applicant is expected to have an undergraduate degree in health, physical education or recreation or a minimum of 12 undergraduate theory credits

representing the same breadth of preparation required for an undergraduate degree at Emporia State University. Students lacking the prerequisites in their undergraduate preparation are required to complete additional courses as prescribed by the advisor and committee.

Persons wishing to pursue a Masters degree in the Department of Health, Physical Education and Recreation are required to be admitted to the Graduate School and to the Department of Health, Physical Education and Recreation. The graduate committee of the department uses the following criteria for assessing whether or not to recommend an applicant for admission to the department:

- Undergraduate GPA (on a 4.0 scale) of 2.5 overall GPA, as well as a 2.75 GPA in the last sixty credits of college work
- Completed graduate application
- Undergraduate professional preparation in health, physical education, recreation (or related field)
- International students must register as an international student

**Information, procedures and forms relevant to these criteria may be obtained on the Department of Health, Physical Education and Recreation web site at [www.emporia.edu/hper](http://www.emporia.edu/hper).**

Students may be admitted on probationary status. They remain on probation until the following conditions are met:

1. All deficiencies are removed.
2. Nine credits of graduate study with a grade-point average of B or higher are completed.
3. All requirements specified by the Graduate School are met (degree plan on file).

## Degree Candidacy Requirements

All degree candidacy requirements specified by the Graduate School must be met. The student must have completed at least nine credits of course work in the graduate program of study at Emporia State University to be placed into degree candidacy.

**Students may not take any more than 9 CREDITS OF GRADUATE CLASSES without being accepted into HPER graduate program.**

## Graduation Requirements

### MS Degree Non-Thesis Option, (33 credits)

	<b>Credits</b>
PE 707 Applied Psychology in Health, Sport, and Movement Science	3 hours
PE 738 Advanced Technology in HPER	3 hours
PE 768 Advanced Exercise Physiology	3 hours
PE 858 Ethics in HPER	3 hours
PE 865 Statistics in HPER	3 hours
PE 868 Research in HPER	3 hours
<b>Total</b>	<b>18 hours</b>

### Electives: 15 credits of electives are required

PE 715 History of Sport and Politics	3 hours
PE 720 Assessment in K-12 Physical Education	3 hours
PE 725 Art and Science of Coaching	3 hours
PE 740 Legal Issues in HPER	3 hours
PE 745 Leadership in HPER	3 hours
PE 762 Analysis of Teaching and Coaching	3 hours
PE 803 Motor Learning	3 hours
PE 804 Biomechanics	3 hours
PE 835 Teaching Online Health and PE	3 hours
PE 840 Exercise Metabolism	3 hours
PE 862 Instructional Innovations in PE	3 hours
PE 864 Sociology of Sport	3 hours
HL 710 Advanced Critical Issues in Health Education	3 hours
HL 720 Curriculum Development in Health Education	3 hours
HL 735 Instructional Strategies in Sex Education	3 hours
HL 780 School Health Issues and Trends	3 hours
HL 800 Applied Risk Behavior Ed and Strategies	3 hours
HL 820 Instructional Methods in Health Education	3 hours
HL 850 Wellness Concepts and Prevention Strategies	3 hours

### MS Degree Thesis Option, (32 credits)

	<b>Credits</b>
PE 707 Applied Psychology in Health, Sport, and Movement Science	3 hours
PE 738 Advanced Technology in HPER	3 hours
PE 768 Advanced Exercise Physiology	3 hours
PE 858 Ethics in HPER	3 hours
PE 865 Statistic in HPER	3 hours
PE 869 Thesis	5 hours
<b>Total</b>	<b>20 hours</b>

### Electives: 12 credits of electives are required

PE 715 History of Sport and Politics	3 hours
PE 720 Assessment in K-12 Physical Education	3 hours
PE 725 Art and Science of Coaching	3 hours
PE 740 Legal Issues in HPER	3 hours
PE 745 Leadership in HPER	3 hours
PE 762 Analysis of Teaching and Coaching	3 hours
PE 803 Motor Learning	3 hours
PE 804 Biomechanics	3 hours
PE 835 Teaching Online Health and PE	3 hours
PE 840 Exercise Metabolism	3 hours
PE 862 Instructional Innovations in PE	3 hours
PE 864 Sociology of Sport	3 hours
HL 710 Advanced Critical Issues in Health Education	3 hours
HL 720 Curriculum Development in Health Education	3 hours
HL 735 Instructional Strategies in Sex Education	3 hours
HL 780 School Health Issues and Trends	3 hours
HL 800 Applied Risk Behavior Ed and Strategies	3 hours
HL 820 Instructional Methods in Health Education	3 hours
HL 850 Wellness Concepts and Prevention Strategies	3 hours

## Master of Science in Athletic Training

### Admission Requirements

Students will be required to possess a Bachelor's degree in any field and meet the following requirements for admission into the program:

- Completed Graduate Application
- Minimum GPA of 3.0 on 4.0 scale
- Three letters of recommendation (one from a faculty member, one from a certified athletic trainer, and one from another healthcare professional, co-worker or employer/supervisor.
- Health physical and completed Technical Standards document
- Immunization records including HBV and TB
- Students must have a minimum of 50 hours of documented observation or student experience under the direct supervision of a certified athletic trainer.

## Graduation Requirements

AX 711 Athletic Training Principles	3 hours
PE 707 Applied Psychology in Health, Sport, Movement Sciences	3 hours
AX 717 Clinical Education	2 hours
AX 737 Assessment of Lower Extremities	3 hours
AX 781 Modality Usage in Athletic Training	3 hours
AX 727 Clinical Education II	2 hours
AX 747 Assessment of Upper Extremities	3 hours
AX 883 Medical Issues in Athletic Training	3 hours
AX 782 Rehabilitation in Athletic Training	3 hours
PE 768 Advanced Exercise Physiology	3 hours
PE 804 Biomechanics	3 hours
AX 838 Clinical Education III	2 hours
AX 866 Organization and Administration in Athletic Training	3 hours
PE 865 Statistics in HPER	3 hours
AX 848 Clinical Education IV	2 hours
PE 840 Exercise Metabolism	3 hours
PE 868 Research in HPER	3 hours
<b>Total</b>	<b>47 hours</b>