**Alumnus Wins National Award**

HPER alumnus, Jim Brown was recently recognized for his work with Jump Rope for Heart. He was named by the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) as the 2014 National Jump Rope for Heart Coordinator of the Year. He received this award at the 2014 National convention in St. Louis.

Jim has organized Jump Rope for Heart campaigns for 35 years including 23 years at his current employment at Slate Creek Elementary in Newton, KS. Jim received his Masters degree from Emporia State University in 2005.

**Shane Named Department Chair**

Dr. Shawna Smith Shane was recently named chair of the Department of HPER at ESU. Dr. Shane has served as the interim chair for the past two years.

Dr. Shane received her BSE in 1996, as well as her MS (1998) from Emporia State University. She joined the HPER faculty in 1998 and later went on to earn her doctorate degree from the University of Kansas.

While a faculty member, Dr. Shane has been involved with the health education and health promotion programs. She started the online health education program, which has become highly successful and has students from across the United States.

**We are now taking applications for potential admission into the HPER graduate program for Fall, 2014. For information, contact:**

Dr. Joella Mehrhof
jmehrhof@emporia.edu

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**HPER Alumni News**

Ting Liu (MS, 2013) is the new head volleyball coach at Southwestern Community College in Iowa.

Kira Douglas (BSE, 2013) will be a health and physical educator at Emporia High School starting in fall, 2014.

Juliet Ford (BSE, 2012; MS, 2013) will be the physical educator at Tonganoxie Elementary School in Tonganoxie, KS starting in fall, 2014.

Tiffany Orth (BSE, 2012; MS, 2014) will be the physical educator at Tonganoxie Elementary School in Tonganoxie, KS starting in fall, 2014.

Alex Culpepper (MS, 2011) is now the fitness director at the U.S. Naval Station in Guantanamo Bay.

Cody Sowder (BSE, 2004) was recently voted Teacher of the Year for the Edward J. Briscoe campus in Fort Worth, TX.

Benjamin Wellborn (MS, 2011) will complete his Ph.D. in August. He is a cognitive performance coach with the Comprehensive Soldier and Family Fitness program for the United States Army.
**Alumnus Earns Model School Recognition**

HPER alumnus, Jo Flowers received the Kansas AHPERD Model School Award. Jo teaches at Avondale West Elementary School in Topeka, KS. Schools earning the Model School recognition must meet several categories of expectations relating to facilities, equipment, curriculum, assessment, instruction, and communication. In 2011, Jo was inducted as a member into the HPER Hall of Honor.

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**Where in the WORLD?**

When asked where their favorite vacations have been, the HPER faculty responded.

Amy Townsend: Colorado mountains  
Jodie Leiss: Santa Barbara, CA  
Mark Stanbrough: Eugene, OR  
Erin Blocker: Mountain biking in Eureka Springs, AR  
Jennifer Thomas: Fishing in Minnesota  
Vicki Worrell: Turks and Caicos  
Lauren Loucks: Golfing in Keystone, CO  
Karen Dowd: Western and central New York in the summer  
Kathy Ermler: Key West, FL  
Shawna Shane: Las Vegas, NV  
Mike Butler: Scuba diving in the Caymans  
Joella Mehrhof: Washington, DC

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**HPER Graduate Students Earn Scholarships**

The following HPER graduate students each earned an ESU Graduate School scholarship for Spring, 2014.

Michelle Deedrick  
Allison Fink  
Lauren Sawyer  
Kevin Yarnell

In addition, HPER graduate student Tiffany Orth won the Robert J. Grover Graduate Student Scholarship. This is a highly coveted award for on-campus students.

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Department of HPER students earned Student of the Year Awards at the recent Teachers College Honors Banquet. From the left, Chelsei Weimer-Recreation; Amber Defore-Health Promotion; Tiffany Orth-HPER Graduate; Lauren Sharp-Health Education, as well as Physical Education; and Aki Notomi-Athletic Training.

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Five Inducted into HPER Hall of Honor

Dr. Richard C. Morrell: Currently the university registrar at the University of Nebraska. Dr. Morrell has more than 30 years of higher-education experience including 13 years as the university registrar at the University of Kansas. He recently completed duties as the vice president for student services at Khalifa University of Science, Technology, and Research in the United Arab Emirates.

Rick Ginter: As a coach at ESU, Rick guided Hornet track and field throwers to eight national championships and 29 All-American honors from 1995-2001. Eight of the 12 throwing records at ESU are held by athletes who Rick coached. In his current position at Northern Heights High School (Kansas), he has coached the throwers to eight Kansas State High School Championships.

Ingrid Knight-Cohee: As the Director of Group Fitness for Steve Nash Fitness Clubs, the largest provider of fitness in British Columbia, Canada, Ingrid oversees 280 fitness instructors and four area managers. She is in charge of the delivery of over 1,000 fitness classes per week across the 18 club locations. She received recognition as co-finalist for the 2012 IDEA Program Director of the Year Award.

Darrell Patterson: Darrell has spent most of his professional career at Algoma High School in Algoma, WI where he has been a physical educator, department chair, and athletic director. In 2005, he was named the Wisconsin State Secondary Physical Education Teacher of the Year. Darrell is currently working at the University of Wisconsin-Green Bay as an associate lecturer and academic tutor for the Green Bay student-athletes.

Dennis Weber: After completing his Masters degree at ESU in 1987, Dennis served as the head men’s and women’s track and cross country coach at Baker University (Kansas). For the past 17 years, Dennis has been at Fort Hays State University (Kansas). During this time, Dennis led 88 athletes to NCAA II All-America status including five national title winners. He was named coach of the year in the RMAC during the 2002, 2003, 2004, and 2006 outdoor track seasons.

HPER Students Earn National Recognition

Lauren Sharp and Daphne Mertens were recognized at the recent national AAHPERD convention. These students represented the Department of HPER. Lauren was honored with the Physical Education Student Major award, while Daphne was named the Health Promotion Student Major award winner.

Lauren Sharp and Daphne Mertens
Globetrotter Connection

Current HPER graduate student, Jared Brown recently spent a month with the Globetrotter organization. Jared served as one of the athletic trainers for the travelling team.

Washington, DC Advocacy

HPER faculty member, Dr. Damon Leiss represented Kansas AHPERD at the national AAHPERD’s annual SPEAK Out! Day on Capitol Hill. He was one of 37 advocates for physical education to be considered as a core academic subject under the federal education law known as Elementary and Secondary Education Act (ESEA). If this could occur, then federal funding under Title I and Title II would be available. The monies would help school districts expand physical education and health education programs. Dr. Leiss is a recent past-president of Kansas AHPERD.

Laps for Landon

The health promotion students, under the direction of Dr. Jennifer Thomas, organized and directed another successful Laps for Landon event. Each spring for the past several years, this event has been planned to raise funds for cystic fibrosis. This year the group raised $5,000.
HPER faculty member, Jodie Leiss made two presentations at the American Educational Research Association conference in Philadelphia. She was one of only eight doctoral students from around the world invited to share her dissertation research.

Dr. Mark Stanbrough and Dr. Bill Stinson, HPER faculty members, presented two sessions at the recent national AAHPERD conference. One session was on positive conditioning, while the second was on running games. Dr. Stinson also presented at the Southern Early Childhood Association conference in Virginia on social-emotional play experiences for preschoolers.

Dr. Karen Dowd recently indicated her retirement as the Florida AHPERD executive director. Dr. Dowd has been in state association management for more than 26 years.

Amy Avery (MS, 2014) had her research project “The Prevalence of the Female Athlete Triad in College Dancers” accepted for presentation at the 2014 International Association for Dance Medicine and Science in Basel, Switzerland.

HPER faculty members Dr. Joan Brewer, Dr. Vicki Worrell, and Sunnin Keosybounheuang presented at the recent AAHPERD conference on combining technology in physical education and the Common Core.

Alumni Aaron Wall (BSE, 2010) and Elise McDonald Wall (BSE, 2009) had a son in January.

Dr. Mark Stanbrough published a three series set of books on motivational moments that portray athletes who have overcome adversity to become outstanding athletes. The series includes women's track and field, men's track and field, and 2012 Olympics track and field athletes.

More than 110 coaching education students from ESU and other area colleges, as well as 60 area middle and high school coaches attended the “More Than X's and O's Coaching Education Workshop held at ESU. Dr. Rich McGuire from the Institute of Positive Coaching was the keynote speaker.

April Huddleston, HPER faculty member, and graduate student, Tyler Goad presented at the recent AAHPERD convention on IOS applications that work in the health/physical education setting.

HPER faculty member Matt Howe was promoted to associate professor and was tenured into the Department of HPER.

Alumnus Heather Crain (MS, 2006) was awarded the 2013 Missouri AHPERD Young Professional Award.

The physical education methods class students, under the direction of Lauren Loucks, and the health education methods class students, taught by Sunnin Keosybounheuang, organized the 2014 Kansas Kids Fitness Day held on the ESU campus.
Integrating Physical Activity with Content Areas

Elementary Physical Education Workshop

Emporia State University
September 9, 2014
9:00 am - 2:00 pm

Presenters: Joella Mehrhof and Vicki Worrell
Special Guest Presenter: Shelly Hoffman
2014 National Elementary PE Teacher of the Year

The workshop will provide activity-based ideas to introduce unique training concepts that integrate other content areas, as well as social skills. One example is that of “astronaut training” with integration of space and science. Other training concepts include “Olympic training”, “firefighter training”, “Super Bowl training”, “Dancing with the Stars training”, and “marathon training”. Ideas for instant activities, fitness development, team building, lesson plan enhancement, community involvement, and program promotion will also be related.

Workshop Fee - $75: One hour of college credit is available
For those attending the workshop and enrolling in the one hour of college credit, the $75 registration fee will be waived and will not need to be paid.

Registration Form

Name: ________________________________________________________________
Address: ____________________________________________________________
City: __________________________ State: __________ Zip: _________________
Email: ____________________________________________________________
Phone: ____________________________________________________________

Return this form and workshop fee to: Joella Mehrhof, Department of HPER, Emporia State University, Emporia, KS 66801
For more information: jmehrhof@emporia.edu or 620-341-5946

SUMMER FITNESS CHALLENGE

June 16-21, 2014
Emporia State University

Two training sessions a day
(6 am and 6 pm)

Join us to jump start your summer workouts

Contact:
Erin Blocker
eblocker@emporia.edu