Welcome back from a well-deserved break. With the beginning of a new year and a new semester, there is no better time to reflect on your personal semester goals. The beginning of the spring semester is a clean slate and is your chance to set new goals. Some questions you can begin asking yourself are:

- What is my academic game plan for the spring semester?
- What would I like to achieve this semester?
- How can I make a difference?

A winning plan includes attendance in class, a solid work ethic, time management, and healthy choices. The TRIO SSS program has many services to offer so watch your email, read the newsletter and join our Facebook page to stay up to date. I want to encourage each of you to use the resources available to you. The TRIO staff is here to assist you in your educational endeavors. Do not hesitate to come in and see us.

Sincerely,

Kristi Bolen,  
TRIO Director
Ladysmith Black Mambazo

Emporia Arts Center has given Project Challenge tickets to see this Grammy Award winning a cappella vocal group. With over 50 years of joyous and uplifting music, their singing includes intricate rhythms and harmonies of their native South African musical traditions. Their musical and spiritual message has touched a worldwide audience.

Sunday, February 16, 2014 at 7pm
Albert Taylor Hall, ESU

Call or email the TRIO office by February 13th to reserve your ticket,
620-341-5097 or triosec@emporia.edu.

Limited number of tickets available
First come, first served

Spring & Summer Graduates

Brianna Byers
Juan Balderas
Kathleen Briceno
Jennifer Clark
Fredrick Cordero
Rebecca Fraker

Dillion Freed
Whitney Frye
Clarence Frye
Delia Guzman
Crystal Hinck
Conner Hopkins

Victoria Lindhorn
Jessica Madrigal
Anthony Pence
Kendra Mitts
Melinda Sauvage
Matha Vang

Outstanding Participant

My name is Megan Seastrom and I am a freshman from Emporia, KS. I am a single mom of an eight year old and majoring in elementary education. Coming to college, I was nervous about how I was going to balance my life. I needed help in order to keep my grades up as well. When I came to orientation I was told that there was this program called Student Support Services. I set up an appointment with Mrs. Bolen. She helped me through the process of choosing classes and setting up a tutor. Tutoring helped me in my math class which stressed me out. My tutor would give me pointers on how to work through the problems and helped me realize that I am smarter than I thought that I was. All I needed was confidence and that I knew the material. I appreciate the help and support that Student Support Services has given me.
Advising Information

Attention all freshman participants advised through Project Challenge! Semester advising appointments will begin on February 3, 2014. Pre-enrollment for summer and fall will begin March 13, 2014; those who attend the advising sessions in February will have the earliest opportunity to make enrollment appointments. Contact the office to make your advising appointment today!

All About TRIO

On Friday, March 7, 2014 ESU will celebrate National TRIO Day. A luncheon will be held in Webb Hall of the Memorial Union and all Project Challenge students are invited to enjoy this lunch free of charge from 11:45 a.m.-1:00 p.m.

Watch your mail and e-mail for more information!

Our nation has asserted a commitment to providing educational opportunity for all Americans regardless of race, ethnic background or economic circumstance.

In support of this commitment, Congress established a series of programs to help specific Americans enter college, graduate and move on to participate more fully in America’s economic and social life. These programs are funded under Title IV of the Higher Education Act of 1965 and are referred to as the TRIO Programs (initially just three programs). While student financial aid programs help students overcome financial barriers to higher education, TRIO Programs help students overcome class, social and cultural barriers to higher education.

Emporia State University is the host institution for two TRIO programs:

- **Student Support Services Project Challenge**: first funded in 1984 and serves 165 undergraduates.
- **Talent Search**: serves 520 middle and high school students and dropouts in Emporia and northeast Kansas.

The federal TRIO Programs are:

- **Student Support Services**: assists undergraduates in college persistence through tutoring, counseling and a myriad of academic services.
- **Talent Search**: provides students in grades six through twelve with guidance and information about college admissions and financial aid.
- **Upward Bound**: helps high school students prepare for college by providing tutoring and enrichment activities after school, on Saturdays and during a six-week summer experience on a college campus.
- **Educational Opportunity Centers**: assists displaced or underemployed workers with college selection and financial aid information.
- **Ronald E. McNair Post-Baccalaureate Achievement Programs**: provides research opportunities and faculty mentors for students preparing for doctoral study.
- **Upward Bound Math Science**: helps high school students strengthen math and science skills to prepare for careers in these areas.
- **Veterans Upward Bound**: provides skill development and resource information to veterans to help them transition to college.

Much of this information was obtained from [http://www.coenet.us/abouttrio](http://www.coenet.us/abouttrio)
Scholarships

**Trudi R. Benjamin TRIO Scholarship:** A $250 scholarship will be awarded to a Project Challenge participant with a 2.5 or greater GPA who uses program services and is enrolled fulltime. Applications are due Friday, February 21, 2014 and the scholarship winner will be announced at the TRIO Day Luncheon on Friday, March 7, 2014. If you feel you qualify for this scholarship, please contact the office for more information. You may access the application on our website at [www.emporia.edu/trio/studentsupportservices/forms.html](http://www.emporia.edu/trio/studentssupportservices/forms.html).

**Shepard Scholarship:** Applications are now available for this $1,000 scholarship. Any male or female student who best satisfies the following requirements will be considered eligible: 1) Must be continuing undergraduate student with a minimum of 60 hours, 3.50 cumulative GPA; 2) Two faculty letters of recommendation; 3) Sample of best scholarly work; 4) Letter of application and transcript. Contact the ESU Honors Program Director, William Clamurro, for more information at (620) 341-5899, or visit the website at [http://www.emporia.edu/honors/shepherd-scholars.html](http://www.emporia.edu/honors/shepherd-scholars.html).

Completed applications are due on Friday, March 7, 2014 and should be sent to Prof. William H. Clamurro, Department of English, Modern Languages, and Journalism, PH 404 F.

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**Financial QA**

**Can underage (age 21) applicants get credit?**

Yes, but there are conditions. Lenders can only lend to young borrowers if they have the ability to repay the loan or have someone co-sign the loan.

**What are the names of the three major credit reporting agencies?**

Trans Union, Experian and Equifax

“The life you have led doesn’t need to be the only life you’ll have”

~Anna Quindlen

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**Honor Roll**

- Latricia Bradley
- Ruth Campos
- Jessica Danford
- Andrea Decker
- Manuel Estrada-Espinoza
- Daphne Evans
- Whitney Frye
- Doris Laws
- Melissa Laws
- Oscar Lemus
- Kelsey Mueller
- Amy Redden
- Michael Riley
- Lesly Rojas
- Lori Seirer
- Jordan Selby
- Tonya Smith
- Christina Tompkins
- Micheal Torres
- Matha Vang
- Elisa Vasquez
- Esmeralda Vasquez
- Tabatha Weaver
- Matha Vang

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**Buzz-Worthy Announcements**

Personal letters of congratulations have been sent to the following students who received all A’s and B’s last semester:

- Latricia Bradley
- Jennifer Clark
- Jessica Danford
- Andrea Decker
- Nakita Elwood
- Manuel Estrada-Espinoza
- Clarence Frye
- Whitney Frye
- Amalia Gonzalez
- Caroline Gonzalez
- Katherine Hatesohl
- Brittnay Hiegert
- Doris Laws
- Melissa Laws
- Oscar Lemus
- Sydney Main
- Monique Mason
- Kelly Moten
- Kelsey Mueller
- Anita Muniz
- Pedro Perez
- Odalys Perez-Escalante
- Jessica Perez-Lopez
- Viridiana Reyes
- Cristina Reyna
- Louise Rodriguez
- Lesly Rojas
- Stephanie Sandoval
- Megan Scott
- Megan Seastrom
- Lori Seirer
- Jordan Selby
- Tonya Smith
- Christina Tompkins
- Micheal Torres
- Matha Vang
- Elisa Vasquez
- Esmeralda Vasquez
- Tabatha Weaver
- Matha Vang
New Tutors

My name is Peter Pérez. I'm a freshman at ESU; I'm majoring in Secondary Education, emphasizing in Spanish. After graduating from ESU, I plan to obtain a Ph.D. in Spanish. This is my first semester working as a tutor and I am looking forward to meeting all my tutees.

Hello my name is Caroline Gonzalez, I am a junior and I am from Emporia. I have two older sisters, one who is currently attending ESU, and another who graduated a year ago. Traveling and learning about new cultures is very interesting to me, so I decided to major in Business Administration with an endorsement in Mathematics. I am from Las Vegas, Nevada. I have one younger sister who is a junior in high school. I am really looking forward to meeting everyone!

Hello! My name is Taylor Stueve and I am a sophomore. I am majoring in Elementary Education with an endorsement in Mathematics. I am from Las Vegas, Nevada. I have one younger sister who is a junior in high school. I am really looking forward to meeting everyone!

Hello! My name is Amy Redden from Lansing, Kansas, and I am a new tutor to the TRIO program. I am very excited for this upcoming semester. I am an English Education major in my sophomore year of college.

Link to us online for the most updated information!
Like us on Facebook!
“Emporia State University Student Support Services”
What should you bring to FAFSA Focus?

You should have the following information & documents with you as you fill out the Free Application for Federal Student Aid (FAFSA):

- Your Social Security number
- Parents’ Social Security numbers if you are required to provide parent information
- Your driver’s license number if you have one
- Federal tax information or tax returns including IRS W-2 information for you (and your spouse, if you are married) and for your parents if you are providing parent information
- Records of your untaxed income such as child support received, interest income, and veteran noneducation benefits for you and for your parents if you are providing parent information
- Information on cash, savings and checking account balances; investments, including real estate but not including the home in which you live; and business and farm assets for you and for your parents if you are providing parent information

If you have questions about what to bring, please call us at 620.341.5097.