Invite, Invest, Inspire: Developing Resilient Students
Dr. Tammy Davis is a Professor in the Counseling program at Marymount University in Arlington, VA. Dr. Davis was an elementary and high school counselor for nine years in Manassas, Virginia. Dr. Davis teaches courses at Marymount in both the school and mental health counseling graduate programs as well as in the counselor education doctoral program. She has presented over 100 workshops locally, regionally, and nationally on a number of topics in school counseling, including developing resilience and positive thinking in students. Her publications include books and articles in school counseling, as well as book chapters on counseling suicidal children and group counseling in schools. She was named the 2007 Counselor Educator of the Year by the American School Counselor Association and served on the ASCA Governing Board from 2010-2013. Dr. Davis has served as President of the Virginia School Counselor Association and is currently the Treasurer. She also serves as the coordinator for the Northern Virginia School Counseling Leadership Team which consists of all of the local universities and school district school counseling supervisors working together to promote school counseling in the Northern Virginia area. Dr. Davis lives with her husband Ken (an elementary PE teacher) and their two Siberian Huskies, Montana, VA.

The role of a school counselor is crucial in easing the transition process for all students, especially military students and students who frequently relocate during their educational careers. This session will focus on the transitional needs of students and examples of ways to help new students and families feel a sense of connection to their new school.

 Invite, Invest, Inspire: Counseling Activities that Foster Resilience in Students

Dr. Tammy Davis, Professor
Marymount University

The average 15-year old student has seen tremendous adversity in our world. There is so much to balance with the ever-increasing impact of technology and the competitive nature of our society. Students are “connected” but disconnected from knowing their own strengths and identifying sources of support in their journey to be college or career ready. This session will provide counseling activities to help students develop resilience and hope for a successful future. Come prepared to participate and walk away with counseling activities that you can use in your school counseling program immediately!