From the Director’s Chair

Dear Participants,

I hope you all had a restful and relaxing spring break. Make sure to check your midterm grades; it is always helpful to know how you are progressing. If you feel you need a tutor so you can bring up a grade, please come to our office, 323 S. Morse Hall, to schedule a time. Or if you want someone to quiz you before a test, you can drop into the lab and see if a tutor is available to help.

I hope you have or are completing your financial aid for next year. Make sure to go to the [https://fafsa.ed.gov/](https://fafsa.ed.gov/) page. The Free Application for Federal Student Aid (FAFSA) is what it says – free. Make sure you go to the “gov” website. Don’t pay for help to find money for college. All it takes is a little time and persistence to find scholarships. Make sure to start early in your search and check back at scholarship sites often.

Last but not least, make sure to get enrolled for the fall semester. With Hornet Connection’s (new student enrollment) starting in March, classes will begin to fill up.

Warmly,

Kristi Bolen
TRIO Director

Advising Information

Pre-enrollment for the summer and fall semesters began March 13th. Contact your advisor soon if you have not yet made an appointment to enroll. Course options are now available for view on Buzz-In; it is important to be proactive in your course selection process. Please note, also, that the last day to withdraw from a class this semester is Wednesday, April 9th.
Buzz Worthy Announcements

Personal letters of congratulations have been sent to the following students this semester for outstanding personal or academic accomplishments:

Maria Ambriz
Marilu Avila
Ruth Campos
Arasely Castillo
Jennifer Clark
Jessica Danford
Andrea Decker
Nakita Elwood
Manuel Estrada-Espinoza
Clarence Frye
Whitney Frye
Brett George
BreAnna Gilchrist
Amalia Gonzalez
Caroline Gonzalez
Katherine Hatesohl
Rashaun Herah
Brittney Hiegel
Doris Laws
Melissa Laws
Oscar Lemus
Sydney Main
Monique Mason
Sakala McAvoy
Kelly Molten
Kelsey Mueller
Anita Muniz
Pedro Perez
Odalys Perez-Escalante
Jessica Perez-Lopez
Viridiana Reyes
Cristina Reyna
Louise Rodriguez
Lesly Rojas
Stephanie Sandoval
Megan Scott
Megan Seastrom
Lori Seirer
Jordan Selby
Tonya Smith
Stephanie Shimkus
Christina Tompkins
Micheal Torres
Ariel Townes
Kc’lynn Tull
Matha Vang
Esmeralda Vasquez
Judith Velazquez
Tabatha Weaver
Courtney Wylie

“My name is Austin Pike. I was born in Wichita, Kansas, yet my hometown is Arkansas City, Kansas. I am a huge history fanatic. I love History! I’m a history major at ESU. I am a practicing Christian and respectful of people’s beliefs even if I do not agree with them. I love everyone. I personally believe Emporia State University is a great college because of the size of classes, TRIO Programs and all of their staff, especially the tutors in TRIO, and Disability Services. The instructors are amazing and the classes are great. College life is way different than I thought it would be. I like the residence halls and the cafeteria food is better than high school food. I have met many friends and am still meeting more. I am a huge Kansas State fan and I am also a Hornet and proud to be one.

Outstanding Participant

Spring and Summer Graduates

Brianna Byers
Juan Balderas
Kathleen Briceno
Jennifer Clark
Fredrick Cordero
Rebecca Fraker
Dillion Freed
Clarence Frye
Whitney Frye
Delia Guzman
Crystal Hinck
Conner Hopkins
Victoria Lindhorn
Jessica Madrigal
Anthony Pence
Kendra Mitts
Melinda Sauvage
Matha Vang
TRIO Day Celebration

The 14th Annual TRIO Day Luncheon was held on Friday, March 7, 2014 in Webb Hall. TRIO participants, TRIO staff, ESU administration, faculty and staff and special guests joined us to celebrate our participants’ dedication and hard work toward their education and their future.

Clarence Frye, a senior at ESU and a participant in Student Support Services was the Master of Ceremonies, Provost Cordle gave the official welcome and Dr. Williams concluded with a thank you for the dedication and hard work of the TRIO participants.

Our guest speaker this year was participant Chad Carson, ESU communication major and CEO of his own music label. Chad told his story and how TRIO is assisting him throughout his education. Chad had very inspiring words to share with the participants in the audience.

Each year we give two Trudi Benjamin TRIO Scholarships to a pre-college and college student. This year Jessica Danford, a Student Support Services participant and ESU student, and Ashley Sherwood, a Talent Search participant and Emporia High School student, were awarded these scholarships.

TRIO Director, Kristi Bolen
Vice President for Student Affairs, Dr. Jim Williams
ESU’s Provost Cordle
Anita Muniz and Whitney Frye, SSS participants
Life Laws

Life is governed by universal, natural laws. Awareness of these laws leads us to successful, joyful lives; ignoring these laws often leads to unhappiness and obstacles in achieving our goals and ambitions. The following describes just some of these important “life laws” and how we can implement them in our lives:

#1: You Create Your Own Experience

- You choose the statement you make to the world with your attitude, appearance and actions. When you choose that statement, you choose how the world will respond to you.

- If you don’t like the way people treat you, you can change that by changing the statement you make to them.

#2: People Do What Works

- If you are continually doing something that you don’t like, you are doing it for a reason.

- Until you figure out why you do the things that you don’t like, you will never stop doing them.

#3: You Cannot Change What You Do Not Acknowledge

- If you don’t acknowledge that something is bothering you, it will never change.

- It is often easy but less rewarding to stay in a comfort zone. Break out of that comfort zone and you will be rewarded for it.

#4: Life Rewards Action

- Be, do, have. If you do nothing, you will be leaving your experiences up to chance or what others want for you.

- Take action today so that you don’t miss opportunities.

- Don’t give up if you don’t succeed immediately – success takes hard work, determination, and persistence.

#5: Life is Managed, It Is Not Cured

- You control your life by controlling the activities that fill your time. Demonstrate behaviors that reflect what you truly believe.

- Develop a life plan and specific goals to help you live that plan and you

#6: You Have To Name It Before You Can Claim It

- You must be able to describe specifically what it is that you want.

- If you don’t know exactly what you want, you can’t know if what you are doing is moving you closer to, or further away from, your goals

Financial Q&A

Q. What is auto insurance?

A. Protects you against financial loss if you have an accident. It is a contract between you and the insurance company. You agree to pay a premium and the insurance company agrees to pay your losses as defined in your policy.

Q. Where do rates come from?

A. Your rate depends on three things, who you are, your driving history, and how extensively you want to be covered. The following factors have a great influence on rates:

- Gender, age, marital status, vehicle use, type of vehicle, size of deductible, personal driving record, and type and level of coverage.

Link to us online for the most updated information!

Like us on Facebook!

“Emporia State University Student Support Services”
Emporia State University  
TRIO Student Support Services  
Grant Aid Scholarship Application Instructions

The TRIO Student Support Services (SSS) Grant Aid Award is provided by the U.S. Department of Education to support the educational pursuits of TRIO program participants at Emporia State University.

The goals of the SSS Grant Aid are to:
- Improve SSS participants’ retention by supplementing financial assistance;
- Improve academic success by reducing the number of hours SSS participants need to work;
- Provide incentives for SSS participants to make timely progress in their degree program; and
- Demonstrate support for SSS participants who are actively using SSS resources to facilitate their academic success.

Students must meet the following criteria to be considered for SSS Grant Aid:
- Complete the Free Application for Federal Student Aid (FAFSA);
- Be a Pell Grant recipient;
- Be in good academic standing (2.0 GPA or better);
- Be in your first year or second year of college (this includes enrollment at other universities, no matter what grade classification you are);
- Be a current and active TRIO Student Support Services participant:
  - Attended tutoring;
  - Completed Freshman Seminar I or Freshman Seminar II; and
  - Attended the four academic advising appointments.
- Submit completed application form by the last Friday of spring semester.

Students interested in applying for an SSS Grant Aid Scholarship must complete the attached application and submit it to the TRIO office. Applications will be evaluated and recipients will be submitted to the ESU Financial Aid office for awarding in July. Students awarded an SSS Grant Aid Scholarship will be notified via ESU Buzz in email. Student’s Financial Aid Summary will be adjusted to reflect the award. Awards will vary depending on each individual’s needs and the number of recipients. However, it is anticipated that the awards will range between $550-$1,100 each semester.

SSS Grant Aid Scholarship recipients are required to participate in a Financial Literacy/Student Success course each semester that they receive the Grant Aid. Failure to meet these requirements may result in the loss of the entire award.

Submit completed application to:
TRIO Offices  
Student Support Services  
323 South Morse Hall  

By:  
The Last Friday of the Spring Semester

Note: An application for Grant Aid does not guarantee award. Recipients of the Grant Aid award will be notified by the TRIO Program. Funds will be dispersed through the ESU Financial Aid office.