EMPORIA STATE
U N I V E R S I T Y
■ CAREER SERVICES

INTERNSHIPS ARE WORTH IT!!

Internships, like everything else in life, are what you make of them. This is your chance to gain experience in the area of your academic and career interests prior to completion of college.

6 REASONS YOU SHOULD DO AN INTERNSHIP

1. Gain marketable experience in your career field.
2. Explore a chosen industry or field.
3. Clarify career goals and learning objectives.
4. Apply academic knowledge to a real life work environment.
5. Improve your communication skills and interaction with others.
6. Acquire experience and references for your resume.

INTERNSHIPS "Pay" IN MULTIPLE WAYS

According to a 2010 study by the National Association of Colleges and Employers (NACE):

- Students use internships as a way of connecting with employers.

- Employers prize relevant work experience even if it's with another employer.

- 64% of interns are offered a position with the company.

- Besides a potential job offer, internships can pay in other ways including: technical skills, hourly wage, and networking.

- In most cases, college students don't have to go far to find employers with internships.

WHERE DO I LOOK FOR INTERNSHIPS?

A.   Start with your faculty advisor and other business professionals in your network.
B.   Check with the Career Services Center and your Hire-a-Hornet account at www.emporia.edu/careerservices for internship postings.
C.   Still can't find one? Visit with Career Services to cultivate an internship to match your interests.

HOW DO I APPLY??

Step 1   Determine your area of interest and the skills you want to develop.
Step 2   Locate an appropriate internship site and secure a job description.
Step 3   Register online with Career Services, complete all internship agreement forms, returning them to Career Services.
Step 4   If your proposal is approved, you will enroll for credit.
Step 5   Complete the internship.

WILL IT FIT INTO MY SCHEDULE?

The average is 10 - 12 hours per week depending on how many credits you seek.

SEE HOW EASY IT IS!