

SCHOOL COUNSELING 2016: *What's a School Counselor to Do?*

67TH ANNUAL COUNSELING CONFERENCE
Nov. 3, 2016

Memorial Union, Emporia State University, Emporia, Kan.

Sponsored by:

- Division of Learning Services
Kansas State Department of Education
- Department of Counselor Education
Emporia State University

SCHOOL COUNSELING 2016: What's a School Counselor to Do?

7:30 a.m.
MEMORIAL UNION:
Lobby 1st Floor

Registration and Refreshments

8:40 a.m.
Plumb Hall: Albert Taylor

Welcome

- Dr. Kenneth Weaver, Dean, The Teachers College, Emporia State University
- Dale M. Dennis, Deputy Commissioner - Division of Fiscal and Administrative Services, Kansas State Department of Education

Greetings

- Dr. Richard Wong, Executive Director, American School Counselor Association

Keynote Address

Perfecting the School Counselor Recipe: The Key Ingredients

- Robert Bardwell

School counselors are uniquely positioned to make a difference in the lives of all students but often do not have the necessary ingredients to do so. In this keynote address, you will find out more about the exact components of the recipe that are necessary for student and counselor success. We will discuss how today's school counselor uses data and evidence-based best practices to close achievement and opportunity gaps and deliver comprehensive programs that ensure success for all students. We will discuss ways school counselors help to improve school climate and reduce or eliminate bullying and discipline incidents. And we'll talk about how to advocate for better programs and services for our students and families. Participants will leave with a cookbook full of ideas and suggestions that will make your school counseling program appetizing and successful.

FEATURED SPEAKER:



ROBERT BARDWELL has been a school counselor for 22 years and is currently a school counselor as well as the Director of School Counseling at Monson High School in Monson, Mass. He is a member of the Board of Directors of the American School Counselor Association (ASCA) and is a former ASCA secondary-level vice president. He is a past president of the Massachusetts School Counselors Association (MASCA), as well as a former Advocacy Chair for MASCA. He is a member of the Professional Development Committee of the National Association for College Admission Counseling (NACAC) and a past president of the New England Association for College Admission Counseling (NEACAC). He has served

NACAC as both an Assembly Delegate and chair of its Ad Hoc Committee on Graduate Coursework. He received his bachelor's degree from Springfield College in Massachusetts; his master's of education from the University of Massachusetts, Amherst; and his Certificate of Advanced Graduate Studies (CAGS) from the American International College in Massachusetts. In addition to his counseling duties, he is an adjunct professor at Westfield State University, teaching both school counseling and college admission counseling courses for aspiring school counselors. He has published numerous articles and presented at over 75 national, regional and state conferences and in 14 states addressing school counseling and college admission counseling topics.

10:30 a.m.

Break

(Reconvene to Memorial Union, 2nd floor)

10:45 a.m.

Breakout Session 1

BLUE KEY	FLINT HILLS	GREEK	KANZA	PRESTON FAMILY
<p>Creating Safety: Turning on the Thrive Response for Students, Staff and Self</p> <ul style="list-style-type: none">Christina Mann, Multi-Tiered Systems of Support (MTSS) <p>When we experience our world as dangerous, our body internalizes that stress and turns on the survival response. From that state, we can only develop strategies for defense, not for safety. Learn from a neuroscience perspective what safety really means, what creates safety, and how safety allows us to thrive and develop our potential. Examples of interventions and connections to the MTSS framework will be included.</p>	<p>Even Graduate Students Can Create Comprehensive School Counseling Programs</p> <ul style="list-style-type: none">Dr. Robert Kircher, Emporia State UniversityKristen Becker, M.S., Lawrence USD 497Erin Metsker, Ottawa USD 290Kelsey Buek, Lawrence USD 497Michelle Plegge, Eudora USD 491Sarah Mullins, Hutchinson USD 308Joshua Johnson, Halstead USD 440 <p>All graduate students in the Emporia State University school counseling master's degree program create a comprehensive program of their own during a one-semester course. Students are given a fictional school district scenario, and they work in teams of five to seven through the process of creating a K-12 comprehensive school counseling program that follows the Kansas State Department of Education (KSDE) and ASCA National Model. Final projects include a descriptive program booklet and a formal team presentation as a proposal to a "school board." Come hear from the students themselves about the program development process they used; see the professional quality of their work; and hear what they learned about leadership, advocacy, collaboration and creating systemic change.</p>	<p>How Do Kansas School Administrators Perceive the Role of the School Counselor?</p> <ul style="list-style-type: none">Dr. Alice Hinck, Emporia State UniversityDr. Jessica Lane, Kansas State University. <p>Ever wonder how school administrators across Kansas perceive the role of their school counselor and what tasks they believe the school counselor should be completing? The results of recent research conducted with administrators across Kansas at all levels will be shared, and implications, ideas and approaches for school counselors will be discussed.</p>	<p>School Counseling Advisory Councils: Necessary, Nice or Nasty?</p> <ul style="list-style-type: none">Robert Bardwell, Featured Speaker <p>Do you have a functioning school counseling advisory council that is not working well or do you want to start one? If you have one, what are the successes and challenges that you have experienced? If not, then you will learn how to start one. We will also discuss various Advisory Council models (school specific and districtwide) and provide strategies to invigorate or move your council in a positive direction. Most importantly, we will discuss what impact the Council has had on advocacy, student achievement, student's career awareness and development, and family and community engagement.</p>	<p>State and KSDE Update</p> <ul style="list-style-type: none">Kent Reed, Education Program Consultant - Counseling, KSDE <p>So much to share! Topics for discussion include: Flatt Act, Trauma Informed Schools, bullying prevention, Individual Plans of Study, school-based mental health and the progress of two work groups developing recommendations relative to social-emotional character growth to the Kansas State Board of Education.</p>

Noon
Webb Hall

Luncheon and Kansas School Counselor Association Awards Presentation

1:15 p.m.

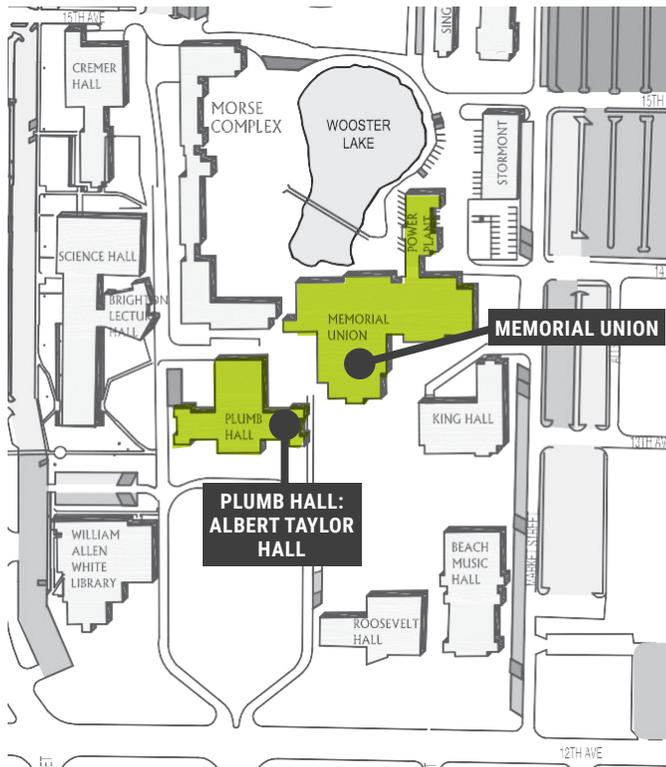
Breakout Session 2

BLUE KEY	FLINT HILLS	GREEK	KANZA	PRESTON
<p>The Power of Yet ... Encouraging a Growth Mindset in Yourself and Your Students</p> <ul style="list-style-type: none"> Cristi Wightman, M.S. Ed. Olathe, USD 233 <p>"This is impossible." "I can't figure it out." "I'm not smart like the other kids." "Why should I even try?" School counselors are often called on to work with students who operate with these fixed and negative mindsets. In this session, we will cover trauma and neuroscience, the differences between a fixed and growth mindset and strategies for helping students understand and practice this important skill.</p>	<p>Play Therapy Techniques (Without the Therapy) to Help Strengthen Students of All Ages Socially and Emotionally</p> <ul style="list-style-type: none"> Kathy Reschke, M.S. Ed, RPT., Olathe USD 233 <p>Participants will have a hands-on approach in helping identify students' needs and have techniques to help them self-regulate with anger, loss, relational conflict and anxiety. This includes using pre-tests and posttests to evaluate effectiveness. These ideas can be used for individuals or small groups. This is part of Delivery and Accountability in the American School Counselor Association (ASCA) National Model.</p>	<p>Advisor-Based College and Career Guidance Emporia High School</p> <ul style="list-style-type: none"> Dr. Britton Hart, Principal Emporia High School Jay Scott Assistant Director for Career and Technical Education (CTE), KSDE <p>Dr. Hart and Mr. Scott will discuss how Emporia High School has implemented an Advisor-based Guidance program that has increased outcomes including parent engagement. Discussion will also include the Individual Plan of Study (IPS) and results from the annual IPS survey.</p>	<p>Dazzling Across Domains for Elementary School Counselors</p> <ul style="list-style-type: none"> Krista Graham, M.S. Ed Olathe USD 233 Amber Daniels, M.S. Olathe USD 233 <p>Classroom counseling lessons are a great way to teach important skills and impact the student population in your building. This session will focus on dazzling lesson ideas from academic, career and social-emotional domains. These lesson ideas were created to engage, inspire and impact students in grades K-5.</p>	<p>Building Relationships to Build Your Program</p> <ul style="list-style-type: none"> Kristin Wright, M.S., NBCT Clay Center, USD 379 Kansas School Counselor of the Year 2015-2016 <p>This session will focus on developing strong relationships with the school staff and the community in order to build an effective comprehensive school counseling program. Working with your administrators, promoting your program in the community and using resources to address student needs also will be addressed during this breakout time.</p>

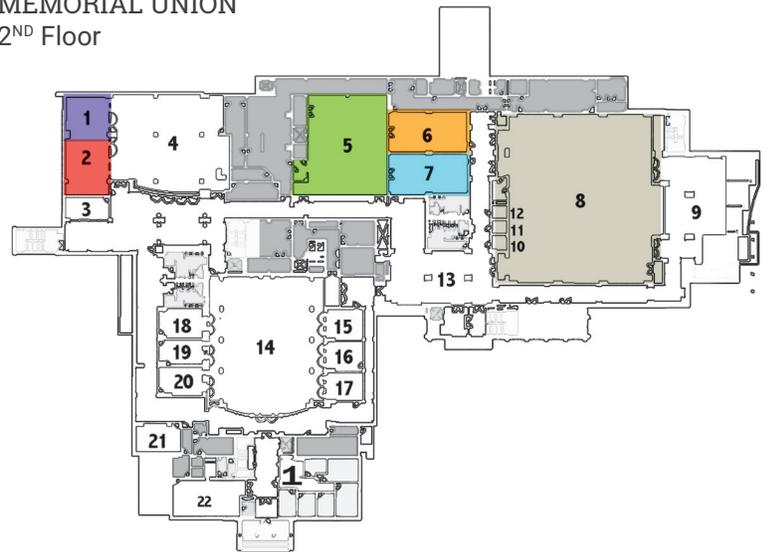
2:30 p.m.

Conference Adjournment

Campus Map and Conference Floorplan



MEMORIAL UNION 2ND Floor



1	FLINT HILLS	13	ALUMNI LOUNGE
2	KANZA	14	KSTC BALLROOM
3	GREAT PLAINS	15-17	KSN, BLACK AND GOLD, EKSC
4	SKYLINE	18	MILLER
5	PRESTON FAMILY	19	PI DELTA KAPPA
6	GREEK	20	XI PHI
7	BLUE KEY	21	ROE R. CROSS
8	WEBB HALL	22	BOOMER'S, VETERANS, HALL OF HONOR
9	WEBB LOBBY		
10-12	OFFICES A-C		