Invite, Invest, Inspire: Developing Resilient Students



November 5, 2015

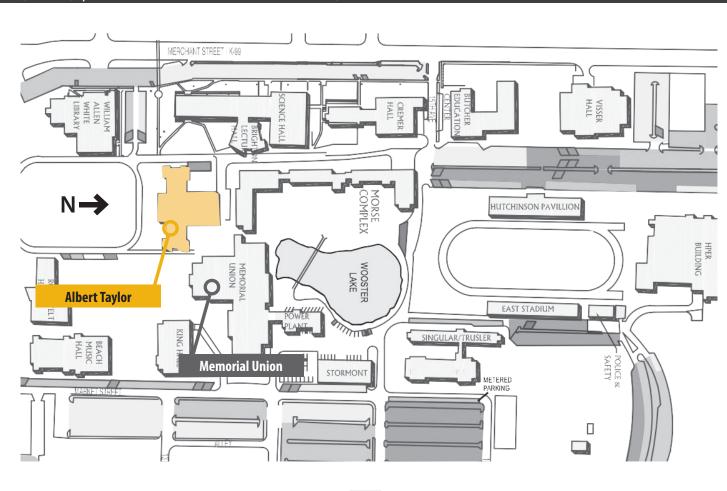
Memorial Union Emporia State University Emporia, Kansas

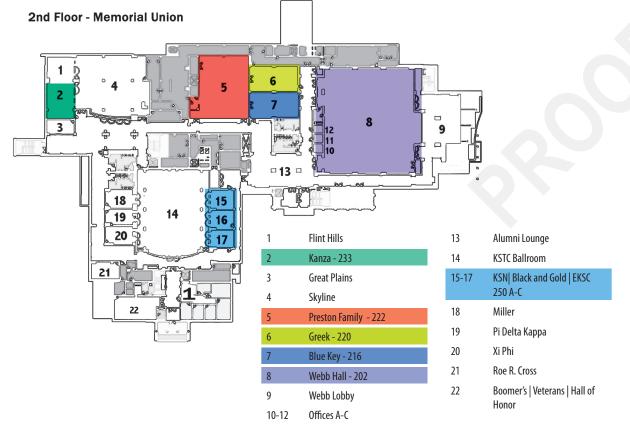
Registration 7:30 a.m. | Welcome and Opening Remarks 8:30 a.m. | Keynote Address 9:00 a.m.

Sponsored by:

Division of Learning Services, Kansas State Department of Education

Department of Counselor Education, Emporia State University





Featured Speaker | Dr. Tammy Davis



Dr. Tammy Davis is a Professor in the Counseling program at Marymount University in Arlington, VA. Dr. Davis was an elementary and high school counselor for nine years in Manassas, Virginia. Dr. Davis teaches courses at Marymount in both the school and mental health counseling graduate programs as well as in the counselor education doctoral program. She has presented over 100 workshops locally, regionally, and nationally on a number of topics in school counseling, including developing resilience and positive thinking in students. Her publications include books and articles in school counseling as well as book chapters on counseling suicidal children and group counseling in schools. She was named the 2007 Counselor Educator of the Year by the American School Counselor Association and served on the ASCA Governing Board from 2010-2013. Dr. Davis has served as President of the Virginia School Counselor Association and is currently the Treasurer. She also serves as the coordinator for the Northern Virginia School Counseling Leadership Team which consists of all the local universities and school district school counseling supervisors working together to promote school counseling in the Northern Virginia area.. Dr. Davis lives with her husband Ken (an elementary P.E. teacher) and their two Siberian Huskies,in Manassas, VA.

CONFE	RENCE-AT-A-C	SLANCE						
	Main Street Memorial Union	Albert Taylor Plumb Hall	Blue Key 216	Greek 220	KSN/BG/EKSC 250A-C	Kanza <i>233</i>	Preston Family 222	Webb Hall 202
8:00 A.M.	Registration							
8:15 A.M.								
8:30 A.M.		Orientation and Welcome						
8:45 A.M.								
9:00 A.M.		Keynote Address						
9:15 A.M.								
9:30 A.M.								
9:45 A.M.								
10:00 A.M.								
10:15 A.M.								
10:30 A.M.	BREAK							
10:45 A.M.				Mental Health in Schools	Fostering Teen Resilience with Positive Psychology	Creativity in Counseling	Floundering or Flourishing? The Power of Positive	
11:00 A.M.								
11:15 A.M.								
11:30 A.M.								
11:45 A.M.								
NOON								Luncheon
12:15 P.M.								and Awards Presentation
12:30 P.M.								
12:45 P.M.								
1:00 P.M.								
			Strengthening Executive	Advocating During		Wichita South	What the Heck	
1:15 P.M.				Times of Transition		Comprehensive	is Going on in	
1:15 P.M. 1:30 P.M.						Comprehensive	is Going on in	
			Executive Function Skills at			School Counseling	Kansas School	
1:30 P.M.			Executive					

:30 A.M. ORIENTATION AND WELCOME



Welcome

- Dr. Kenneth Weaver, Dean
 Teachers College Emporia State University
- Scott Smith, Director Career, Standards and Assessment Services Kansas State Department of Education

9:00 A.M. KEYNOTE



Invite, Invest, Inspire: Counseling Activities that Foster Resilience in Students

 Dr. Tammy Davis, Professor Marymount University

The average 15-year old student has seen tremendous adversity in our world. There is so much to balance with the ever-increasing impact of technology and the competitive nature of our society. Students are "connected" but disconnected from knowing their own strengths and identifying sources of support in their journey to be college or career ready. This session will provide counseling activities to help students develop resilience and hope for a successful future. Come prepared to participate and walk away with counseling activities that you can use in your school counseling program immediately!

10:30 A.M. BREAK

10:45 A.M. BREAKOUT SESSION 1



Career Tech/College and Career Readiness

 Jay Scott, Assistant Director Career and Technical Education (CTE)
 Kansas State Department of Education

Waiting on his session description.



Creativity in Counseling

• Dr. Melissa Briggs, Emporia State University

"To live a creative life, we must lose our fear of being wrong" Joseph Chilton Pearce. Creativity is an essential skill for counselors to connect with students. This session will focus on exploring and practicing skills to develop innovative and engaging interventions to use with a variety of populations. The session will focus on experiential learning to encourage the growth of counselors' creativity, spontaneity and engagement skills.

Preston Family 222

Floundering or Flourishing? The Power of Positive

 Dr. Tammy Davis, Professor Marymount University

Do your students flourish or flounder? Help your students look for good in themselves and in others in order to promote positive thinking and maximize potential. Come learn the research-supported key concepts of Positive Psychology and Flourishing. This workshop will provide a variety of activities that will help students (and maybe you too!) strive toward their positive potential. Leave with ideas for promoting the positive and helping students flourish!

KSN/ BG/EKSC 250A-C

Fostering Teen Resilience with Positive Psychology

 Susana Prochaska, Washburn Rural High School Auburn-Washburn USD 437, Topeka

This session describes some of the key findings in Positive Psychology - the scientific study of optimal human functioning and what makes life worth living - and translates this "strengths-based approach" into a repertoire of resilience-building activities for adolescents.

Greek 220

Mental Health in Schools

Dr. Alice Hinck, Emporia State University

Mental health issues in the school are becoming more of a concern. Learn what the most prevalent illnesses are, contributing factors, and interventions that can help in the school environment. Parent, teachers and administrators are looking for answers, and school counselors are being asked to be their resource.

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LUNCHEON/AWARDS



Luncheon and Awards Presentation

BREAKOUT SESSION 2

Greek 220

Advocating During Times of Transition

- Manhattan-Ogden USD 383
- Angela Bunger, Eisenhower Middle School
- Shelly Ingram, Anthony Middle School

The role of a school counselor is crucial in easing the transition process for all students, especially military students and other students who frequently relocate during their educational careers. This session will focus on the transitional needs of students and examples of ways to help new students and families feel a sense of connection to their new school.

Strengthening Executive Function Skills at the Elementary Level

Cristi Wightman, Indian Creek Elementary
 Olathe USD 233
 Kansas School Counselor Association (KSCA) 2014
 Counselor of the Year

"Why is this student so inflexible and frustrating?" "Why does this student need constant reminders?" "Why can't this student figure out how to use self-control?" "Why is this student so emotional all of the time?" If you find yourself asking these questions about a student over and over again, it might be a good idea to consider the role that executive function skills play in school success. Come learn more about executive function skills, how to help your student increase his/her executive function skills and decrease the struggle for both of you.

Preston Tamily 122

What the Heck is going on in Kansas School Counseling?

 Kent Reed, Education Program Consultant - Counseling Kansas State Department of Education

This session will provide updates on the ever changing landscape of Kansas school counseling and educational issues that impact school counseling including standards, data usage, professional evaluation, accreditation, assessments and the Kansas. Comprehensive School Counseling Program Implementation Guide.

Kanza 233

Wichita South Comprehensive School Counseling

- Wichita South High School Wichita Public Schools USD 259
- Cody Dickman
- Melinda Kaiser
- Tammy Kniffin
- Belinda Tummons

Wichita South High School has been recognized for developing an exceptional comprehensive school counseling program. Find out what this program involves, how it is delivered to students, and what steps were followed in developing this model program.

2:30 P.M. ADJOURN

65th Annual Counseling Conference Nov. 6, 2014 | ESU