

Athletic Training Appearance and Dress Code

An important part of professionalism is maintaining a professional appearance. Professional appearance helps identify Staff and Athletic Training Students. Athletic Training Students must maintain a neat and professional appearance at all times during clinical fieldwork. Unless otherwise directed, students are expected to adhere to the ESU Athletic Training Appearance and Dress Code. Students who do not comply with appearance guidelines may be sent home from the clinical fieldwork site for the day and placed on professional warning. An ongoing pattern of inappropriate appearance and dress will lead to professional sanctions up to and including probation and/or dismissal from the program.

Hygiene & Grooming

Proper hygiene and grooming is essential for prevention of disease transmission, assists in the ability for students to perform their professional duties, and maintains a professional appearance. Students are expected to maintain quality personal hygiene and grooming.

- Daily hygiene includes clean skin, hair, and teeth; use of tobacco products prohibited during clinical fieldwork (in compliance of NCAA rules).
- Makeup and cologne/perfume should not be distracting.
- Long fingernails are incompatible with many clinical skills and are prohibited. Artificial nails and items attached to fingernails increase infection risks and should be minimized.
- Hair should be pulled back or kept out of the face to prevent interference with ability to perform skills. Facial hair must be kept neat and well-trimmed.
- Jewelry should be minimal, tasteful, and not interfere with clinical procedures. Visible piercings are to be limited to the ears only. (Religious or Med Alert - exceptions)
- Visible tattoos are not appropriate during fieldwork. Preceptors may request students to make reasonable efforts to cover tattoos during clinical fieldwork.

Dress Code / Uniform

Students must clarify dress code for their specific clinical setting with their preceptor on or before the first day of fieldwork. Unless otherwise instructed, students are expected to follow their on-campus dress code for off-campus field experiences.

General Requirements – Facility / Practice Dress

- Students must wear a watch with a second hand or digital timer during all field experiences.
- Clothing should be clean and in good repair; clothing cannot interfere with mobility or clinical duties, not overly-tight or revealing
- Shirts/Tops – Full-length t-shirts, polo, sweatshirts with ESU graphics or blank (Graphics of other colleges and professional teams graphics are not permissible); sweaters, and button-down shirts/blouses are permissible (sleeveless tops, tank tops, bare midriffs, spaghetti straps are not appropriate).
- Pants / Skirts / Shorts – Khaki colored or black slacks or shorts, neat jeans or jean shorts, neat athletic wind pants (black, gold, gray, white) are acceptable. Low-rise waistlines are

prohibited. Skirts and shorts should not be shorter than where the fingertips touch the legs when the arms are extended down at the sides, alternately minimum 6" inseam.

- Footwear / Shoes - footwear must permit mobility during athletic activity and patient care; footwear must be clean and in good repair. Heels may not exceed 2 inches. Sandals, slippers, canvas shoes, and open toed shoes are prohibited.
- Hats – Hats and visors may be worn for outdoor activities. No hats or other head attire are to be worn in indoor facilities. Hats and visor logos – ESU, NATA, or plain only

Daily Athletic Training Clinic Dress – We have formalized a dress code for clinical fieldwork.

- During morning treatments, regular school clothes are permissible. After 1:00pm, professional athletic training clinic attire will be required, including tucked in shirt tails.

Game Dress – As stated in your Athletic Training Student Handbook – “It is extremely important that we dress and look professional.” Check with your supervising clinical preceptor for appropriate dress for game or event coverage. Following these guidelines, in the event you are assisting in event coverage or traveling with a team, you are expected to wear the appropriate attire.

- Standard Dress for Events (see general guidelines) – Sports such as WBB/MBB require ‘church’ dress for bench side; check with preceptor
 - Athletic Shoes or Dress Shoes
 - Khaki Slacks or Shorts (no jeans)
 - ESU AT Polo
 - Hat or Visor
- Inclement Weather Dress for Events
 - ESU AT Polo should continue to be coordinated with requirement
 - Otherwise, attire should fulfill necessity of comfort and safety for the pending weather conditions.

Off-site rotations – Students attending off-site rotations (PT Associates of Emporia, Newman Health) are expected to follow facility dress code. This includes no large logos, no shorts, no blue jeans, and no open toed shoes. Dress as a health care professional.

I understand that as the written dress code states, I agree to wear the approved attire. I understand the ATP reserves the right to make accommodations or revisions to these requirements as necessary. Having been informed that any tardiness to my position will not be excused because of my dress, I also understand that my clinical preceptor reserves the right to remove me from the facility until I dress appropriately. I will receive only one warning if dressed inappropriately; after which, I will receive a penalty recorded in my academic record.

Name: (Print) _____

Signature: _____

Date: _____