

LIBBY SCHMANKE, MS, ATR-BC, ATCS, LCAC, MAC

Assistant Professor
Graduate Art Therapy Program
Department of Counselor Education
Emporia State University
eschmank@emporia.edu
C-785-840-5280

PROFESSIONAL CERTIFICATIONS

Board-Certified Art Therapist (ATR-BC), Art Therapy Credentials Board (2005-current)
Registered Art Therapist (ATR), Art Therapy Credentials Board (2004-current)

Art Therapy Certified Supervisor (ATCS), Art Therapy Credentials Board (2017-current)

Licensed Clinical Addictions Counselor (LCAC), State of Kansas (2011-current)
Certified Substance Abuse Counselor (ADAS), State of Kansas (1990-2011)

Master Addiction Counselor (MAC), National Certification Commission for Addiction Professionals
(2016-current)

EDUCATION

MS in Art Therapy, Emporia State University, Emporia, KS, 2002.

Research Project: *The effect of an intervention using the Bridge Drawing and Story on the anticipated adjustment of college freshmen.*

Master's Project: *Archiving the Robert Ault Manuscripts.*

- Outstanding Art Therapy Graduate Student Award, 2002.

Certificate in Addictions Counseling, Washburn University, Topeka, KS, 1988.

26 credit hours and internship.

- President's List.

BA in Humanities, Ottawa University, Ottawa, KS, 1976.

Self-designed degree combining psychology, philosophy, literature, and art.

Senior Comprehensive Dissertation: *The Examined Life: Understandings of Existence in Literature and Philosophy.*

- Magna cum laude.

Additional undergraduate academic coursework in studio art and psychology taken during the years 1992-2000, totaling 48 credit hours (many as prerequisites to the master's program)

Professional Development/Continuing Education in Mental Health: More than 25 CECs accrued annually since 1990. Specifics about trainings attended in recent years are available upon request.

EMPLOYMENT

CURRENT ACADEMIC

August 2019-current

Assistant Professor, Department of Counselor Education, Emporia State University. Courses now taught in addition to those described below: CE 720 Research and Technical Writing and CE 670 Basics of Sandtray Therapy.

PREVIOUS ACADEMIC

August 2016-July 2019

Full time Instructor, Graduate Art Therapy Program, Department of Counselor Education, Emporia State University. (See responsibilities in both categories below.)

August 2002-August 2016

Half time Clinical Instructor (regular faculty position), ESU Graduate Art Therapy Program

Teach three courses annually (AT 801 Group Art Therapy and Special Populations; AT 802 Developmental Treatment Models; AT 835 Art Therapy Internship); serve as program Internship Coordinator to make student internship placements, develop new sites, maintain paperwork per accreditation; provide student supervision; serve on master's project and thesis committees; perform program evaluation and meet accreditation needs; design and host an annual art therapy conference; serve on university committees and task forces.

August 2014-August 2016

ESU Adjunct Instructor (in addition to halftime faculty position described above): Taught additional courses for faculty on sabbatical and in response to increased enrollment: AT 800 Art Therapy Foundations, AT 804 Art Therapy Advanced Assessment and Techniques in Families and Relationships; AT 812 Applied Art Therapy Research, CE 670 Substance Abuse Counseling; RE 301 Rehabilitation Research and Report-Writing; PY 303 Introduction to Art Therapy, and additional sections of AT 835 Art Therapy Internship and AT 849 Master's Project.

CLINICAL

August 2005-May 2014

Private Practice, *Art & Insight*, Lawrence, KS.

Studio and clinical private practice. Provided individual services for adolescents and adults with trauma, substance abuse, and adjustment issues; provided post-graduate supervision for those seeking art therapy credentials; contracted art therapy services for local human service agencies and for Native American tribal and academic entities; and offered creativity groups and workshops for the general public.

May 2002-May 2005

Women's Program Coordinator/Counselor, Sims-Kemper Recovery, Inc., Topeka, KS.

Provided substance abuse counseling and art therapy in women's group, individual, and family modalities; coordinated and provided ongoing curriculum design and evaluation of women's program;

also provided some services for the agency's adolescent and men's programs.

January 1996-July 2000

Director, First Step House, Lawrence, KS.

Director of a women's and children's residential substance abuse treatment reintegration facility; responsible to the executive director and board of directors of the parent company, DCCCA, Inc.

Supervised staff of 15, including serving as clinical director; oversaw facility budget; wrote grants to state and federal entities and charitable foundations; spearheaded program design and evaluation; provided in-services to staff and to other programs of parent company; maintained agency's state licensure per regulatory standards; and provided some direct services (individual and group).

August 1991-September 1994

Program Coordinator, ADAPT (Alcohol and Drug Abuse Primary Treatment), Topeka Correctional Facility, Topeka, KS.

Director of the state-contracted substance abuse treatment program at TCF, the Kansas women's prison. Designed and evaluated program; supervised counselors; provided direct service; continual coordination with the prison administration, parole board and State Department of Corrections as well as the parent contracting agency (DCCCA, Inc.); maintained substance abuse program licensure with the state Social and Rehabilitation Services.

May 1988-August 1991

Substance Abuse Counselor, DCCCA, Inc., Lawrence and Topeka, KS.

Counselor at DCCCA programs in outpatient clinical and correctional settings.

January 1987-May 1988

Counselor Technician, Services for Alcohol Related Problems (SARP), Topeka, KS.

Intake technician and group facilitator in social detox and residential treatment settings.

May 1976-December 1986

Free-lance artist and community arts organizer, Ottawa, KS.

Co-founded the Ottawa Community Arts Council and served as its representative in the Association of Community Arts Councils of Kansas.

Free-lance graphic design and portraiture.

PROFESSIONAL and ACADEMIC SERVICE AND MEMBERSHIPS

Member, Graduate Council, Fall 2019-current

Member, Social Committee, Department of CE, Fall 2019-current

Credentialed Professional Member, American Art Therapy Association (AATA), 2002-current.

Member, Coalition of Art Therapy Educators (CATE), 2002-current

Member, NAADAC: The Association for Addiction Professionals, 2006-current

Member, Kansas Art Therapy Association (KATA), 2000-current

Member and Recognition Committee Chair, Advisory Council for Northeast Kansas Foster Grandparents (a program of the national Senior Corps), 1996-current

Service to the national Art Therapy Credentials Board for the years 2005 through 2018 as follows:

Board of Directors, 2009-2014
Secretary of the Board, 2011-2014;
Chair, Policies and Procedures Committee; 2011-2014;
Board Liaison to the Certification Exam Committee, 2011-2014.
Chair, Certification Exam Committee, 2008-2009
Subject Matter Expert, Certification Exam Committee, 2005-2007 and 2015-2018.

Member, Committee for Advanced Programs, Emporia State University, 2008-2010
Member, Lawrence Art Guild, 2005-2010
Chair, Friends of First Step House, 2000-2010
Member, Kansas SRS/AAPS Annual Recovery Conference committee, 2006-2007
Consultant and Juror, Veteran's Administration Creative Arts Competition of Kansas, 2005-2007
State-appointed Member and Publicity Committee Chair, Kansas Citizen's Committee on Alcohol and Other Drug Abuse (an advisory council to the state legislature), 2003-2006
Member and Secretary, ESU Student Art Therapy Organization, 2000-2002
Kansas Representative, Association of Halfway House Alcoholism Programs of North America, 1996-1998
Board of Directors, First Step House, Inc., 1993-1996
Kansas Department of Corrections (KDOC) Advisory Council on Female Offenders, 1990-1993
Board of Directors, Yoga Midwest, Lawrence, KS, 1986-1988
Co-founder, Newsletter Editor, and Member, Ottawa (KS) Community Arts Council, 1977-1985

PUBLICATIONS

Single-author Texts

Schmanke, L. (2017). *Art therapy and substance abuse: Enabling recovery from alcohol and other drug addiction*. London, UK: Jessica Kingsley.

Schmanke, L. (in preparation, under contract to Routledge). *The legacy of Robert Ault, art therapy pioneer*.

Book Chapters

Schmanke, L. (2019). Art therapy applications and substance abuse. In D. Elkis-Abuhoff & M. Gaydos (Eds.), *Art and expressive therapies within the medical model: Clinical applications* (pp. 177-189). New York, NY: Routledge.

Schmanke, L. (2016). Substance abuse. In D. Gussak and M. Rosal (Eds.), *The Wiley handbook of art therapy* (pp. 361-375). Oxford, UK: Wiley-Blackwell.

Other

Blog writer for *ATCB Blog: Credential Conversations*:

Schmanke, L. (2018, November). Who is eligible to complete my ATR supervision?

Schmanke, L. (2018, October). An in-depth look at the Art Therapy Credentials Board Examination

Schmanke, L. (2018, October). How should I study for the ATCBE?

McAlevey, M. E., Treadon, C. B., Schmanke, L., & Anand, S. A. (2014). The importance of art therapy credentialing. *American Art Therapy Association Newsletter, XLVII* (4), 4-7.

Regular contributor to *ATCB Review: The Newsletter of the Art Therapy Credentials Board*:

Schmanke, L. (2017, Fall). The making of an examination. *ATCB Review, 24*(3), 1 & 5.

Schmanke, L. (2014, Fall). AATA or ATCB: Who ya gonna call? *ATCB Review, 21*(3), 5 & 9.

Schmanke, L. (2014, Summer). Using one exam for two outcomes. *ATCB Review, 21*(2), 2.

Schmanke, L. (2014, Summer). The Exam and the DSM-5. *ATCB Review, 21*(2), 7.

Schmanke, L. (2013, Summer). The ongoing scientific development of the Art Therapy Credentials Board Examination (ATCBE). *ATCB Review, 20*(2), 3 & 11.

Schmanke, L. (2013, Spring). Understanding continuing education requirements for recertification. *ATCB Review, 20*(1), 3.

Schmanke, L. (2012, Fall). Credential maintenance and status alternatives for inactive or retired credential holders. *ATCB Review, 19*(3), 3-4.

Schmanke, L. (2012, Summer). Eligibility requirements regarding supervision for the registration (ATR) credential. *ATCB Review, 19*(2), 3.

Schmanke, L. (2012, Spring). Considerations impacting the requirement of art therapy-specific continuing education. *ATCB Review, 19*(1), 4 & 9.

Schmanke, L. (2011, Fall). Profile: Deborah Corrington. *ATCB Review, 18*(3), 7-8.

Schmanke, L. (2011, Fall). Preparation for taking the Art Therapy Credentials Board Examination (ATCBE). *ATCB Review, 18*(3), 6.

Schmanke, L. (2011, Summer). Same exam, separate application process: The ATCBE for state licensure and national board-certification. *ATCB Review, 18*(2), 7.

Schmanke, L. (2011, Spring). Guide to revisions of the Recertification Standards for Board Certification. *ATCB Review, 18*(1), 4 & 12.

Schmanke, L. (2009). Foreword. In Nobis, W. *The art of recovery*. Mustang, OK: Tate.

Schmanke, L. (2008). In memoriam: The life of Robert Ault, art therapy pioneer. *American Art Therapy Association Newsletter, XLI* (2), 1 & 5-6.

PEER REVIEWED PRESENTATIONS

Schmanke, L. (2019). *Contour drawing self-portraiture: The Ault/Layton approach*. Half-day Advanced Practice Session provided at the 50th annual conference of the American Art Therapy Association, Kansas City, MO, November 3, 2019.

Schmanke, L. (2019). *The Legacy of Bob Ault, Art Therapy Pioneer*. Paper presented at the 50th annual conference of the American Art Therapy Association, Kansas City, MO, November 1, 2019.

Schmanke, L. (2019). *Using Bridge Drawings in groups to promote personalized understanding of the Stages of Change*. Paper and workshop session provided at the conference of NAADAC: The Association for Addiction Professionals, Portland, OR, June 14, 2019.

- Schmanke, L. (2018). *Use of fairy tale and archetype in art therapy with substance abuse*. Half-day Advanced Practice session provided at the 49th annual conference of the American Art Therapy Association, Miami, FL, November 4, 2018.
- Schmanke, L. (2017). *Working with shadow in art therapy with substance abuse*. Workshop presented at the 48th annual conference of the American Art Therapy Association, Albuquerque, NM, November 9, 2017.
- Schmanke, L. & Kirby, K. (2016). *Introducing SoulCollage® in art therapy with the substance abuse population*. Workshop presented at the 47th annual conference of the American Art Therapy Association, Baltimore, MD, July 7, 2016.
- Schmanke, L. (2015). *Bridging terrains with adolescents: Escape from the Quagmire*. Paper presented at the 46th annual conference of the American Art Therapy Association, Minneapolis, MN, July 11, 2015.
- Schmanke, L. & Chowdhury, A. (2014). *Use of SoulCollage® in art therapy*. Half-day Advanced Practice session provided at the 45th annual conference of the American Art Therapy Association, San Antonio, TX, July 13, 2014.
- Schmanke, L. (2013). *Helping Adolescents Get to Positive*. Paper presented at the Kansas Art Therapy Association's 35th annual symposium, Kansas City, Missouri, Nov. 2, 2013.
- Schmanke, L. (2012). *Contour Drawing Self Portraiture: Theory and Experience of the Ault/Layton Approach*. Half-day Advanced Practice session taught at the 43rd annual conference of the American Art Therapy Association, Savannah, GA, July 12, 2012.
- Schmanke, L. (2011). *Therapeutic Benefits of Contour Drawing Self-Portraiture*. Paper presented at the 42nd annual conference of the American Art Therapy Association, Washington, D.C., July 9, 2011.
- Schmanke, L. (2010). *In-session Therapist Art making in a Case of Trauma and Grief*. Paper presented at the American Art Therapy Association annual conference, Sacramento, CA, November 4, 2010.
- Schmanke, L. (2010). *Using side-by-side art making to enhance mindful presence in the therapeutic relationship*. Paper presented at the Kansas Art Therapy Association 32nd Annual Symposium, Elmdale, KS, April 17, 2010.
- Schmanke, L. (2009). *Strong roots: Building on the Bob Ault model of studio private practice*. Paper presented at the American Art Therapy Association annual conference, Dallas, TX, November 20, 2009.
- Schmanke, L. (2007). *The Sedna Project: Art therapy for Native American women survivors of abuse*. Paper presented at the American Art Therapy Association annual conference, Albuquerque, Nov. 15, 2007.
- Schmanke, L. (2007). *Artful books: Using alternative art book techniques for personal exploration and therapy*. Half-Day Pre-conference Plenary Workshop, Kansas Art Therapy Association annual conference, Apr.13, 2007.

Schmanke, L. (2006). *Harnessing the power of imagery to rebuild women's lives*. Paper presented at the American Art Therapy Annual Conference, New Orleans, November 19, 2006.

Schmanke, L. (2006). *Art therapy with women's issues*. Presented at Kansas Art Therapy Association annual conference, Kansas City, April 8, 2006.

Schmanke, L. (2005). *Women in substance abuse treatment: Bridges to recovery*. Paper presented at the American Art Therapy Annual Conference, Atlanta, November 17, 2005.

Schmanke, L. (2003). *Use of the bridge drawing and story with women in substance abuse treatment*. Paper presented at Kansas Art Therapy Association annual conference, 2003.

Schmanke, L. (2002). *Art therapy and special issues for women in substance abuse treatment*. Paper presented at Kansas Art Therapy Association annual conference.

INVITED PRESENTATIONS

Schmanke, L. (2018). *Master Supervision Session on Substance Addictions*. 50th annual conference of the American Art Therapy Association, Kansas City, MO, October 31, 2019.

Schmanke, L. (2018). *Master Supervision Session on Substance Addictions*. 49th annual conference of the American Art Therapy Association, Miami, FL, November 1, 2018.

Schmanke, L. (2018). *SoulCollage® and shadow work with the substance abuse population*. 10th annual SoulCollage® Facilitators Conference, Pendle Hill, PA, June 30, 2018.

Schmanke, L. (2017). *Master Supervision Session on Substance Addictions*. 48th annual conference of the American Art Therapy Association, Albuquerque, NM, November 11, 2017.

Schmanke, L. (2016). *Master Supervision Session on Substance Addictions*. 47th annual conference of the American Art Therapy Association, Baltimore, MD, July 7, 2016.

Schmanke, L. (2015). *Master Supervision Session on Substance Addictions*. 46th annual conference of the American Art Therapy Association, Minneapolis, MN, July 9, 2015.

Schmanke, L. (2014). *Master Supervision Session on Substance Addictions*. 45th annual conference of the American Art Therapy Association, San Antonio, TX, July 13, 2014.

Schmanke, L. (2011). *Keys to art therapy*. Inservice, Lawrence Public Library, Lawrence, KS, September 7, 2011.

Schmanke, L. (2011). *Bob Ault: Kansas art therapy pioneer*. Presented at the public meeting of the Lawrence Art Guild, Lawrence, KS, January 17, 2011.

Schmanke, L. (2011). *Art making for stress relief*. Presented at the Lifelong Fitness class, Perry-Lecompton High School, Perry, KS, September 9, 2010 and February 21, 2011.

- Schmanke, L. (2010). *Images of art therapy*. Guest lecture in School of Social Welfare, Washburn University, Topeka, KS, April 29, 2010.
- Schmanke, L. (2009). *Creativity and self-expression*. Presented for the Shepherd's Center of Topeka (adult education program), September 18, 2009.
- Schmanke, L. (2009). *Art therapy and cultural diversity*. Lecture in School of Social Work, Kansas University, Oct. 29, 2009.
- Schmanke, L. (2009). *Introduction to Artist Trading Cards*. Workshop for Kansas Art Therapy Association, July 18, 2009.
- Schmanke, L. (2009). *Fabric Techniques for Art Therapy*. Workshop provided for the Kansas Art Therapy Association winter meeting, January 31, 2009.
- Schmanke, L. (2008). *Robert Ault: Art Therapy Pioneer*. Memorial address presented at the American Art Therapy Association annual conference, Cleveland, November 21, 2008.
- Schmanke, L. (2008). *Overview of The Sedna Project: A Program of Art Therapy for Students of Haskell Indian Nations University*. Presented at GaDuGi SafeCenter, Inc., August 18, 2008.
- Schmanke, L. (2008). *The Power of Creativity*. Presented for the meeting of the Lawrence Art Guild, Lawrence (KS) Public Library, April 21, 2008.
- Schmanke, L. (2008). *Introduction to SoulCollage*®. Workshop provided for the Kansas Art Therapy Association, Lawrence, February 16, 2008.
- Schmanke, L. (2008). *The Power of Imagery*. Presented at the Mid America Pastel Society, Prairie Village, Kansas, January 22, 2008.
- Schmanke, L. (2007). *Art as Healing for Breast Cancer Survivors*. Featured workshop of the Lawrence (KS) Arts Center's month-long symposium, "Art as Healing: Surviving and Thriving," October 15, 2007.
- Schmanke, L. (2006). *Experiencing Art as Therapy*. Presented at Recovery & Hope Network, Lawrence, KS, December 27, 2006.
- Schmanke, L. (2006). *Art as Healing: Quieting the Inner Critic*. Featured workshop of the Lawrence Arts Center's month-long "Healing through the Arts 2006," October 24, 2006.
- Schmanke, L. (2006). *Use of Collage Techniques in Art Therapy*. Workshop provided for summer meeting of the Kansas Art Therapy Association, July 22, 2006.
- Schmanke, L. (2006). *What Is Art Therapy?* Presented at Lawrence chapter, National Alliance for the Mentally Ill (NAMI), Lawrence, KS, June 15, 2006.
- Schmanke, L. (2005). *Art Therapy as a Profession*. Presented at the Seminar on Professional Issues, Graduate Psychology Program at Emporia State University, 2005.

Schmanke, L. (2005). *Dropping Petals: A Case Study*. Presented at Sims-Kemper Recovery Center, Topeka, KS, 2005.

Schmanke, L. (2004). *Medical Art Therapy*. Presented at Workshop in Alternative Health Care for Nurses, Allen County (KS) Community College, Burlington, KS, 2004.

Schmanke, L. (2003). *Art and Teambuilding Staff Retreat*. Designed and facilitated a daylong workshop for staff of Women's Recovery Center, Inc., Topeka, KS, 2003.

Schmanke, L. (2003). *Case Studies in Individual Counseling with Art Therapy for Women in Substance Abuse Treatment*. In-service at Sims-Kemper Recovery Center, 2003.

Schmanke, L. (2002). *Use of Art Techniques in Substance Abuse Treatment Groups*. Presented at Women's Recovery Center, Inc., Topeka, 2002.

OTHER PRESENTATIONS

Schmanke, L. (2010). *Art therapy with PTSD and traumatic grief*. Presented for the Professional Development Series of the Department of Psychology, Emporia State University, April 5, 2010.

Schmanke, L. (2009). *Images from an art therapy private practice*. Presented for the Professional Development Series, Department of Psychology, Emporia State University, November 3, 2009.

Schmanke, L. (2009). *A Program of Art Therapy with Native American Students*. Presented for the Professional Development Series, Department of Psychology, Emporia State University, February 17, 2009.

Schmanke, L. (2008). *Individual Art Therapy in Residential Substance Abuse Treatment: A Case Study*. Presented for the Professional Development Series, Department of Psychology, Emporia State University, November 4, 2008.

Schmanke, L. (2007). *Creating Options in Private Practice*. Presented for the Professional Development Series, Department of Psychology, Emporia State University, November 1, 2007.

REPEATED PRESENTATIONS AND TRAININGS

Art Therapy. Guest lectured for the Washburn University School of Social Welfare in the class Alternative Therapies; 2010-2014.

SoulCollage® Facilitator Trainings. Assisted the regional trainer for this 26-clock hour NASW-approved CEC program at Kansas City area trainings: Heartland Center, Parkville, MO, October 7-9, 2011; Unity Village, MO, March 15-17, 2013; Webster University, St. Louis, MO, May 31-June 2, 2013; Unity Village, MO, October 3-5, 2014.

Art Therapy as a Career Choice. Presented annually at Perry-Lecompton High School, Perry, KS, 2007-2013.

Creativity and the Second Half of Life. Provided this class for various locations for The Osher Institute of The University of Kansas School of Continuing Education: Lawrence, KS, June 12-26, 2008; Brewster

Place, Topeka, KS, July 10-21, 2008; Maples Woods Community College, Kansas City, MO, June 11-25, 2009.

Understanding Substance Abuse. Guest lectured to MSW students at Kansas University, 1995 and the University of Missouri-Kansas City, 1996.

Fairy Tale, Myth, and Archetype. Guest lectured for literature course, each semester 1991-1996 at Highland (KS) Community College.

From 1996-2000, designed and facilitated numerous in-services and staff retreats featuring team building, art and relaxation techniques for staff of First Step House and other DCCCA programs, Lawrence and Topeka, KS.

RESEARCH INTEREST

Markers of interest in bridge drawings of clients in substance abuse treatment. Ongoing.

The effect of licensure status on the daily work of art therapists. Unpublished survey, 2009.

Schmanke, L. (2001). *The effect of an intervention using the Bridge Drawing and Story on the anticipated adjustment of college freshmen.* Poster presented at Emporia State University, 2001.

HONORS & AWARDS

Highest Student-Rated Instructor, ESU Department of Counselor Education, 2017/18

Recognition of Special Service on the Board of Directors, Art Therapy Credentials Board, 2014

Decade Faculty Service Recognition, Emporia State University, 2013

Kansas Social Rehabilitation Services/Addiction and Prevention Services Certificate of Appreciation, 2006

State of Kansas Award for Service to the Recovery Community, 2004

Outstanding Art Therapy Graduate Student Award, Emporia State University, 2002

MOST-RECENT FINE ART EXHIBITIONS/PUBLICATIONS

Kansas Board of Regents ESU faculty art exhibit, State Office Building, Topeka KS, Fall semester 2019.

Painting chosen by publisher for book cover, *Art Therapy and Substance Abuse*, Jessica Kingsley Publishers, 2017.

Two paintings chosen for *Creations of Recovery Exhibition*, The Orchard Gallery, Juried exhibition in conjunction with NAADAC Behavioral Health Conference, Lincoln, NE, May 21-June 2, 2016.

The Art of Art Therapists, Crossroads Gallery, Kansas City, Missouri, Nov. 1-30, 2013.