

## **HEALTH, PHYSICAL EDUCATION AND RECREATION**

**Web:** <http://www.emporia.edu/hper>

**Phone:** 620-341-5926

**Kathy Ermler, Chair**

### **Graduate Faculty**

Professors: Joella Mehrhof, Kathy Ermler.

Associate Professors: Joan Brewer, Mike Butler, Clint Longacre, Mark Stanbrough, Vicki Worrell.

Assistant Professors: Paul Luebbers, Shawna Smith, Jennifer Thomas.

The Department of Health, Physical Education, and Recreation offers graduate work leading to the Master of Science degree for students interested in advancing their education and opportunities in the areas of teaching, health promotion, coaching, and research.

All of the graduate faculty in the department have completed doctoral degrees. Many of the faculty are nationally recognized in their fields. The department is housed in an excellent facility which includes five gymnasiums, human performance lab, Olympic size pool, and computer lab.

### **Master Degree Program**

The masters degree offered through the Department of Health, Physical Education, and Recreation at Emporia State University is completed entirely online. This unique program was the first fully online accredited masters degree program in the United States.

### **Admission Requirements**

The applicant is expected to have an undergraduate degree in health, physical education or recreation or a minimum of 12 undergraduate theory hours in physical education; including an exercise physiology course, or a related field representing the same breadth of preparation required for an undergraduate degree at Emporia State University. Students lacking the prerequisites in their undergraduate preparation are required to complete additional courses as prescribed by the advisor and committee.

Persons wishing to pursue a masters degree in the Department of Health, Physical Education and Recreation are required to be admitted to the Graduate School and to the Department of Health, Physical Education and Recreation. The graduate committee of the department will use the following criteria for assessing whether or not to recommend an applicant for admission to the department:

- Undergraduate GPA (on a 4.0 scale) of 2.75 overall GPA
- Resume
- Written personal references (3)
- Undergraduate professional preparation in physical education—or related field
- International students must register as an international student

**Information, procedures and forms relevant to these criteria may be obtained on the Department of Health, Physical Education and Recreation web site at [www.emporia.edu/hper](http://www.emporia.edu/hper).**

Students may be admitted on probationary status. They remain on probation until the following conditions are met:

1. All deficiencies are removed.
2. Nine hours of graduate study with a grade-point average of B or higher are completed.
3. All requirements specified by the Office of Graduate Studies and Research are met (degree plan on file).

### **Degree Candidacy Requirements**

All degree candidacy requirements specified by the Office of Graduate Studies must be met, and the student must have completed at least nine hours of course work in the graduate program of study at Emporia State University.

**Students may not take any more than 9 HOURS OF GRADUATE CLASSES without being accepted as a graduate student of the university.**

### **Graduation Requirements**

Two degree plans are available: 1) The Thesis Option is a minimum of 34 hours including a written thesis and oral defense and 2) the Non-Thesis Option is a minimum of 35 hours including a directed project and presentation of project. A student pursuing either of these plans must fulfill all the general requirements of the Graduate School.

<b>MS Degree, Physical Education Core Courses</b>		<b>Hours</b>
PE 858	Ethics in HPER .....	3
PE 707	Applied Psychology in Health, Sport, and Movement Science .....	3
PE 768	Advanced Exercise Physiology.....	3
PE 859	Issues & Trends in Health, Sports and Movement Science .....	3
PE 865	Design & Assessment .....	3
PE 738	Advanced Technology in HPER .....	3
PE 801	Directed Readings .....	3
<b>Total</b>		<b>21</b>

### **Thesis Option**

<b>Required Courses</b>		<b>13</b>
PE 869	Thesis .....	5
ER 851	Research Design and Writing .....	3
Elective courses numbered 700 or above .....		5
<b>Total</b>		<b>34</b>

### **Non-Thesis Option Hours**

<b>Required Courses</b>		<b>14</b>
ER 752	Analysis of Research.....	3
PE 868	Research Problems.....	3
Elective courses numbered 700 or above .....		8
<b>Total</b>		<b>35</b>

## COURSES

<b>HEALTH</b>	<b>Hours</b>
HL 565. STRATEGIES IN HEALTH PROMOTION .....	4
HL 620. STRESS MANAGEMENT .....	1
HL 650. CRITICAL HEALTH ISSUES .....	1-3
HL 700. CURRENT DEVELOPMENTS IN HEALTH EDUCATION .....	1-4
HL 701. SPECIAL WORKSHOPS IN HEALTH .....	1-2
HL 751. LEADERSHIP/MANAGEMENT IN HEALTH AND WELLNESS PROGRAMS .....	3
HL 850. PROGRAM AND INTERVENTION IN WELLNESS .....	3
<b>PHYSICAL EDUCATION</b>	
PE 700. CURRENT DEVELOPMENTS IN PHYSICAL EDUCATION .....	1-4
PE 701. SPECIAL WORKSHOPS IN PHYSICAL EDUCATION .....	1-2
PE 707. APPLIED PSYCHOLOGY OF HEALTH, SPORT, AND MOVEMENT SCIENCE.....	3
PE 710. SEMINAR IN ATHLETICS .....	1-3
PE 715. HISTORY OF SPORT AND POLITICS .....	2
PE 720. ASSESSMENT STRATEGIES FOR K-12 PHYSICAL EDUCATION.....	2
PE 725. THE SCIENCE OF COACHING .....	2
PE 738. ADVANCED TECHNOLOGY IN HPER.....	3
PE 740. LEGAL ISSUES IN HPER .....	3
PE 745. LEADERSHIP IN HPER .....	3
PE 762. ANALYSIS OF TEACHING/COACHING .....	3
PE 768. ADVANCED EXERCISE PHYSIOLOGY .....	3
PE 801. DIRECTED READINGS .....	3
PE 803. MOTOR LEARNING .....	3
PE 840. EXERCISE METABOLISM .....	3
PE 858. ETHICS IN HPER .....	3
PE 859. ISSUES AND TRENDS IN HEALTH, SPORTS, AND MOVEMENT SCIENCE .....	3
PE 860. SEMINAR IN PHYSICAL EDUCATION.....	2
PE 861. SUPERVISION OF HEALTH AND PHYSICAL EDUCATION .....	2
PE 862. INSTRUCTIONAL INNOVATIONS IN PE.....	3
PE 864. SOCIOLOGY OF SPORT .....	3
PE 865. DESIGN AND ASSESSMENT .....	3
PE 868. RESEARCH PROBLEMS IN HEALTH, PHYSICAL EDUCATION AND RECREATION.....	1-3
PE 869. THESIS .....	1-5