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ATHLETIC MEDIA RELATIONS

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ESU 2009 Track & Field Outdoor Schedule

| Date | Meet | Location |
|--------------------|--------------------------------------|--------------------|
| March 28 | UT-Arlington Inv. | Arlington, Texas |
| April 4 | ESU/State Farm Relays | Emporia |
| April 9-10 | ESU Open Multis | Emporia |
| April 10-11 | Papa John's D-II Challenge | Emporia |
| April 16-18 | Kansas Relays | Lawrence, Kan. |
| April 16-18 | Mt. SAC Relays | Walnut, Calif. |
| April 17 | Azusa Pacific Invite | Azusa, Calif. |
| April 18 | VS Athletics LBSU Inv. | Long Beach, Calif. |
| April 23-25 | Drake Relays | Des Moines, Iowa |
| April 25 | Sooner Open | Norman, Okla. |
| April 26-27 | MIAA Multi-events | Maryville, Mo. |
| May 2-3 | MIAA Championships | Joplin, Mo. |
| May 9 | ATG Sports Twilight Qualifier | Emporia |
| May 21-23 | NCAA Championships | San Angelo, Texas |

State Farm ESU Relays Records

| Men | | |
|---------------|-----------------|---|
| 100 | 10.20 | Travis Grant (99).....Nike Central |
| 200 | 20.86 | Travis Grant (99).....Nike Central |
| 400 | 46.50 | Melvin Lister (97)....Butler County CC |
| 800 | 1:50.65 | Philip Maiyo (97)..... Nebraska |
| 1500 | 3:49.9 | Charlie Gruber (03) Unattached |
| 5000 | 14:31.10 | Jurmain Mitchell (95) .. Emporia St. |
| 110H | 13.90 | Joe Detmer(08)..... Unattached |
| 400H | 52.30 | Ross Harlan(08)Oklahoma Baptist |
| 3000SC | 8:55.20 | Noah Lagat (97)..... Butler County CC |
| 400R | 41.16 | BuCoCC (01)..... Butler County CC |
| 1600R | 3:11.06 | Kansas State (97)..... Kansas State |
| 3200R | 7:47.0 | BuCo CC (01)..... Butler County CC |
| HJ | 6-11.50 | Charles Berney (97) KCKCC |
| PV | 17-00.75 | Brandon Masters (97) . Emporia St. |
| | | Mike Westlund (05) Unattached |
| LJ | 24-11.00 | Mark Kimbrough (94) Unattached |
| | | A. Abolins (05) Unattached |
| TJ | 56-09.50 | Randy Lewis (04) Unattached |
| SP | 60-02.00 | Jason Stuke (95)..... Emporia State |
| DT | 176-01 | Jason Stuke (97) Unattached |
| HT | 203-08 | Richard Ulm (03) Unattached |
| JT | 251-10 | Eric Brown (08)..... Unattached |
| Women | | |
| 100 | 11.67 | Sheila Burell (01) Unattached |
| 200 | 23.46 | Nicole Green(96)..... Unattached |
| 400 | 54.89 | Shameka Holloway (06)..... Tulsa |
| 800 | 2:08.96 | Lysiara RomanDelValle (06) Unat. |
| 1500 | 4:27.65 | Lysiara RomanDelValle (06) Unat. |
| 5000 | 16:55.57 | Kirsten O'Hara (97) Unattached |
| 100H | 13.60 | Chelsea Luck(08).... Central Missouri |
| 400H | 1:00.75 | Deandra Doubrava (98) .. Unattached |
| 3000SC | 10:56.7 | Kadri Kelve (03)..... Emporia State |
| 400R | 46.64 | Nike Central (97)..... Nike Central |
| 1600R | 3:48.70 | Okl. Baptist(08) ... Oklahoma Baptist |
| 3200R | 9:20.01 | Nebraska (97) Nebraska |
| HJ | 5-10.00 | Kaylene Wagner (06) Unattached |
| PV | 13-09.25 | Andrea Dutiot (04)..... Unattached |
| LJ | 20-05.00 | Austra Skujyte (05) Unattached |
| TJ | 40-8.25 | Najah Adams (97) Kansas State |
| SP | 53-00.00 | Austra Skujyte (05) Unattached |
| DT | 173-11 | Renetta Seiler (97)..... Kansas State |
| HT | 204-11 | Loren Groves(08)..... Kansas State |
| JT | 164-00 | Ali Pastora(08)..... Kansas State |

Media Contacts

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ESU track & field practices at approximately 3 p.m. Monday-Friday. Please contact Don Weast to ensure an interview.

ESU Track & Field

Hosts the Euler State Farm ESU Relays Witten Track at Welch Stadium • Emporia, Kan.

Saturday, April 4, 2009

NEXT ACTION: Papa John's D-II Challenge and Open Multi-events

April 9-11, 2009 • Emporia, Kan.

ESU RELAYS

Emporia State will play host to the Euler State Farm/ESU Relays this weekend. Athletes from NCAA Division I teams Kansas State and UMKC are scheduled to compete as well as several NAIA and junior college programs.

THE COACH

Dave Harris is in his 17th season as the head coach of the track and field and cross country programs at ESU. He is an 11-time MIAA Coach of the Year. Under his guidance, the Hornets have established themselves as a nationally prominent NCAA Division II power in both track and cross country as 169 times his athletes have earned All-American honors, including 16 NCAA II individual championships since 1995. He was named the 2001 NCAA Division II Women's Outdoor Track Coach of the Year by the United States Track Coaches Association.

NATIONAL RANKINGS

Neither the Hornet men nor women appeared in the first NCAA D-II Power Rankings of the outdoor season. The rankings are determined by the top two marks for each school in the events contested at the NCAA D-II Outdoor Championships.

LOOKING BACK AT 2008

Freshmen Josh Honeycutt and Kenton Lonberger each won two championships while Jaclyn Sill hit a provisional mark in winning the women's 400m for ESU at the 2008 State Farm ESU Relays. Skyler Delmott picked up the other individual championship for ESU.

PREVIEWING THE WEEKEND

Seven teams plus unattached athletes are entered in this year's Euler State Farm ESU Relays.

JOSHING AROUND

Indoor triple jump national champion **Josh Honeycutt** (So./Iola, Kan.) has already provisionally qualified for the outdoor championships in his specialty. He went 48-07.00 to win the triple jump at the UTA Bobby Lane Invitational. The win was his fourth in his last six triple jump competitions dating back to last season. He is currently ranked first in the triple jump in the MIAA.

PYLEING ON

Alex Pyle (Sr./Towanda, Kan.) provisionally qualified for the outdoor national championships after jumping 6-08.75 to place second at the UTA Bobby Lane Invitational. He earned All-American honors at the 2008 NCAA Indoor Championships.

CONNIE CAN

Connie Philips (Sr./Reading, Kan.) is a two-time All-American for the Hornets in the javelin. She provisionally qualified for the NCAA Outdoor Championships in her first meet of the year, throwing 135-10 at the UTA Bobby Lane Invitational.

UP NEXT

Next weekend, Emporia State will host the Papa John's D-II Challenge in the only scored home meet of the season. The D-II Challenge has traditionally been one of the top meets in the Midwest for NCAA Division II competition.

Donald Weast, Assistant Athletic Director for Media Relations

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EULER STATE FARM / ESU RELAYS
SATURDAY, APRIL 4, 2009

FIELD EVENTS

- 10:00 am Pole Vault • Women followed by Men *No ESU Athletes*
 10:00 am Hammer • Women followed by Men (North Cage)
 Deja Jackson, Ashley Watkins; Dustin Loyd, Lucas SanMartin
 10:00 am Discus • Men followed by Women (South Cage)
 Lucas SanMartin; Deja Jackson, Molly Pannbacker
 10:00 am Javelin • Men followed by Women
 Warren Nelson; Connie Philips, Ashley Watkins
 10:30 am Long Jump • Women (East Runway)
 Justine Davenport, Brooke Kent, Lindsey Lippert, Renae Weaver
 10:30 am Long Jump • Men (West Runway)
 Tony Granillo, Josh Honeycutt, Doug Marshall
 10:30 am High Jump • Men followed by Women
 Dustin Andrews, Cole Davis, Alex Pyle; Kaylea Goff
 12:30 pm Triple Jump • Women followed by Men (West Runway)
 Lindsey Lippert; Josh Honeycutt, Doug Marshall
 2:00 pm Shot Men • West Ring
 Lucas SanMartin
 2:30 pm Shot Women • East Ring
 Deja Jackson, Molly Pannbacker, Ashley Watkins

RUNNING EVENTS

- 11:00 am 100m Hurdles Prelims • Women
 Justine Davenport
 110m Hurdles Prelims • Men
 Vincent Howze
 100m Prelims • Women followed by Men
 Brooke Kent, Lynnsey Nichols, Renae Weaver; Larry Beamon, Tony Granillo,
 Derwin Hall, Josh Schuler
- Finals
 12:00 pm 5,000m • Women
 Morgan Frehe
 12:30 pm 3,000m Steeple Chase • Men followed by Women *No ESU Athletes*
 1:10 pm 4x100m Relay • Women followed by Men
 ESU women followed by men
 1:25 pm 1500m • Women
 Kathryn Davison, Katie Mona
 Archie San Romani 1500m • Men
 No ESU Athletes
 1:50 pm 110m Hurdles/100m Hurdles • Men followed by Women
 Top eight from prelims
 2:05 pm 400m • Women followed by Men
 Tiffany Baum, Chastity Hughes-Stanton, Jackie Jacobs, Jaclyn Sill, Ashley Wakefield-Hall;
 Larry Beamon, Cole Davis, Moe Gilstrap, Tony Granillo
 2:30 pm 100m • Women followed by Men
 Top eight from prelims
 2:45 pm 800m • Women
 Kylie Bookout, Katie Mona, Christy Weller
 Bill Tidwell 800m • Men
 Dillon Cowling, Sloane Kern
 3:30 pm 400m H • Women followed by Men
 Ashley Spencer; Vincent Howze, Paul Snyder
 3:55 pm 200m • Women followed by Men
 Lynnsey Nichols, Jaclyn Sill, Ashley Wakefield-Hall; Josh Schuler
 4:05 pm 5,000m • Men
 Asher Delmott, Skyler Delmott, Chris Dvorak, William Hohmeier, Adam McGovern,
 Marcus Summers, Andrew Wayman
 4:35 pm 4x400m Relay • Women
 ESU Team A&B
 Charles Wilhite 4x400m Relay • Men
 ESU
 5:00 pm 4x800m Relay • Women followed by Men
 ESU Women

USTFCCCA NCAA Division II Men's
National Top 25
April 1, 2009

| School | Pts |
|--------------------------------------|---------------|
| 1 Cal. State-Chico | 327.94 |
| 2 UC-San Diego | 309.11 |
| 3 Angelo State University | 306.71 |
| 4 East Stroudsburg | 299.37 |
| 5 Western Oregon University | 281.68 |
| 6 Kutztown University | 272.22 |
| 7 Tiffin University | 245.41 |
| 8 Seton Hill University | 244.99 |
| 9 Nebraska-Kearney | 241.87 |
| 10 Fort Hays State University | 241.75 |
| 11 Abilene Christian University | 233.58 |
| 12 Saint Joseph's College | 224.11 |
| 13 Kentucky State University | 215.88 |
| 14 TAMU-Kingsville | 213.07 |
| 15 Hillsdale College | 206.85 |
| 16 Northwest Nazarene | 203.58 |
| 17 Alabama-Huntsville | 187.94 |
| 18 Slippery Rock University | 182.03 |
| 19 Lock Haven University | 176.19 |
| 20 Clayton State University | 113.98 |

MIAA Teams in Bold

South Central Region Teams in Italics

USTFCCCA NCAA Division II Women's
National Top 25
April 1, 2009

| School | Pts |
|-------------------------------------|---------------|
| 1 Angelo State University | 325.57 |
| 2 UC-San Diego | 315.40 |
| 3 Slippery Rock | 259.05 |
| 4 East Stroudsburg University | 231.27 |
| 5 Fort Hays State University | 229.94 |
| 6 Northwest Nazarene | 228.01 |
| 7 Kutztown University | 214.29 |
| 8 Nebraska-Kearney | 207.35 |
| 9 Hillsdale College | 190.81 |
| 10 Abilene Christian University | 181.56 |
| 11 Seton Hill University | 175.90 |
| 12 Lock Haven University | 172.30 |
| 13 Tiffin University | 171.86 |
| 14 Grand Valley State University | 163.09 |
| 15 Kentucky State University | 156.54 |
| 16 Alabama-Huntsville | 149.44 |
| 17 Saint Joseph's College | 140.13 |
| 18 TAMU-Kingsville | 128.94 |
| 19 Clayton State University | 124.37 |
| 20 Lake Erie College | 78.15 |

MIAA Teams in Bold

South Central Region Teams in Italics



ESU Track & Field
 Euler State Farm ESU Relays
 Emporia, Kan.
 April 4, 2009

2009 Emporia State Outdoor Track & Field Performance List

WOMEN

| | | |
|-----------------------------|-----------------|-------------------------------|
| <u>100 Meter Dash</u> | | |
| 26 Weaver, Renae | 13.30 | UTA Bobby Lane Inv. (3/28/09) |
| 27 Nichols, Lynnsey | 13.43 | UTA Bobby Lane Inv. (3/28/09) |
| <u>200 Meter Dash</u> | | |
| 37 Sill, Jaclyn | 27.15 | UTA Bobby Lane Inv. (3/28/09) |
| 41 Hughes-Stanton, Chastity | 27.81 | UTA Bobby Lane Inv. (3/28/09) |
| 42 Wakefield-Hall, Ashley | 27.89 | UTA Bobby Lane Inv. (3/28/09) |
| <u>400 Meter Dash</u> | | |
| 12 Sill, Jaclyn | 1:00.25 | UTA Bobby Lane Inv. (3/28/09) |
| 24 Wakefield-Hall, Ashley | 1:03.14 | UTA Bobby Lane Inv. (3/28/09) |
| 27 Hughes-Stanton, Chastity | 1:03.72 | UTA Bobby Lane Inv. (3/28/09) |
| <u>100 Meter Hurdles</u> | | |
| 16 Davenport, Justine | 16.24 | UTA Bobby Lane Inv. (3/28/09) |
| <u>4x100 Meter Relay</u> | | |
| 6 Emporia St | 49.92 | UTA Bobby Lane Inv. (3/28/09) |
| <u>High Jump</u> | | |
| 9 Goff, Kaylea | 1.50m 4-11.00 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Long Jump</u> | | |
| 13 Davenport, Justine | 4.98m 16-04.00 | UTA Bobby Lane Inv. (3/28/09) |
| 19 Lippert, Lindsay | 4.71m 15-05.25 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Shot Put</u> | | |
| 16 Jackson, Deja | 11.79m 38-08.00 | UTA Bobby Lane Inv. (3/28/09) |
| 17 Pannbacker, Molly | 11.64m 38-02.25 | UTA Bobby Lane Inv. (3/28/09) |
| 23 Watkins, Ashley | 11.01m 36-01.50 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Discus Throw</u> | | |
| 22 Pannbacker, Molly | 34.17m 112-01 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Hammer Throw</u> | | |
| 6 Jackson, Deja | 49.43m 162-02 | UTA Bobby Lane Inv. (3/28/09) |
| 13 Watkins, Ashley | 29.37m 96-04 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Javelin Throw</u> | | |
| 2 *Philips, Connie | 41.42m 135-10 | UTA Bobby Lane Inv. (3/28/09) |
| 10 Watkins, Ashley | 26.60m 87-03 | UTA Bobby Lane Inv. (3/28/09) |

*NCAA Division II Provisional Qualifying Mark

MEN

| | | |
|--------------------------------|-----------------|-------------------------------|
| <u>100 Meter Dash</u> | | |
| 10 Hall, Derwin | 10.98 | UTA Bobby Lane Inv. (3/28/09) |
| 13 Schuler, Josh | 11.02 | UTA Bobby Lane Inv. (3/28/09) |
| 21 Beamon, Larry | 11.27 | UTA Bobby Lane Inv. (3/28/09) |
| <u>200 Meter Dash</u> | | |
| 22 Schuler, Josh | 22.76 | UTA Bobby Lane Inv. (3/28/09) |
| 31 Beamon, Larry | 23.19 | UTA Bobby Lane Inv. (3/28/09) |
| <u>400 Meter Dash</u> | | |
| 35 Granillo, Tony | 53.98 | UTA Bobby Lane Inv. (3/28/09) |
| 36 Davis, Cole | 55.00 | UTA Bobby Lane Inv. (3/28/09) |
| <u>800 Meter Run</u> | | |
| 15 Cowing, Dillon | 2:01.88 | UTA Bobby Lane Inv. (3/28/09) |
| 44 Dvorak, Chris | 2:13.29 | UTA Bobby Lane Inv. (3/28/09) |
| <u>1500 Meter Run</u> | | |
| 5 McGovern, Adam | 4:04.40 | UTA Bobby Lane Inv. (3/28/09) |
| 14 Hohmeier, William | 4:11.78 | UTA Bobby Lane Inv. (3/28/09) |
| 28 Dvorak, Chris | 4:34.01 | UTA Bobby Lane Inv. (3/28/09) |
| <u>110 Meter Hurdles</u> | | |
| 21 Granillo, Tony | 19.56 | UTA Bobby Lane Inv. (3/28/09) |
| <u>400 Meter Hurdles</u> | | |
| 5 Howze, Vincent | 55.50 | UTA Bobby Lane Inv. (3/28/09) |
| 18 Snyder, Paul | 1:01.45 | UTA Bobby Lane Inv. (3/28/09) |
| <u>3000 Meter Steeplechase</u> | | |
| 4 Delmott, Asher | 9:50.11 | UTA Bobby Lane Inv. (3/28/09) |
| 7 Delmott, Skyler | 9:53.77 | UTA Bobby Lane Inv. (3/28/09) |
| 8 Hohmeier, William | 10:05.11 | UTA Bobby Lane Inv. (3/28/09) |
| 10 Wayman, Andrew | 10:22.24 | UTA Bobby Lane Inv. (3/28/09) |
| <u>4x100 Meter Relay</u> | | |
| 2 Emporia St. | 42.10 | UTA Bobby Lane Inv. (3/28/09) |
| <u>High Jump</u> | | |
| 2 *Pyle, Alex | 2.05m 6-08.75 | UTA Bobby Lane Inv. (3/28/09) |
| 14 Davis, Cole | 1.80m 5-11.00 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Long Jump</u> | | |
| 6 Marshall, Douglas | 6.92m 22-08.25 | UTA Bobby Lane Inv. (3/28/09) |
| 9 Honeycutt, Josh | 6.83m 22-04.75 | UTA Bobby Lane Inv. (3/28/09) |
| 20 Granillo, Tony | 6.17m 20-02.75 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Triple Jump</u> | | |
| 1 *Honeycutt, Josh | 14.81m 48-07.00 | UTA Bobby Lane Inv. (3/28/09) |
| 5 Marshall, Douglas | 13.96m 45-09.50 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Shot Put</u> | | |
| 12 SanMartin, Lucas | 13.25m 43-05.50 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Discus Throw</u> | | |
| 14 SanMartin, Lucas | 32.85m 107-09 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Hammer Throw</u> | | |
| 9 Loyd, Dustin | 45.26m 148-05 | UTA Bobby Lane Inv. (3/28/09) |
| 11 SanMartin, Lucas | 38.21m 125-04 | UTA Bobby Lane Inv. (3/28/09) |
| <u>Javelin Throw</u> | | |
| 8 Nelson, Warren | 52.68m 172-10 | UTA Bobby Lane Inv. (3/28/09) |

*NCAA Division II Provisional Qualifying Mark