



# Emporia State Outdoor Track & Field Media Notes

2007 ESU Track & Field Schedule		
DATE	MEET	LOCATION
Dec. 7	Robinson Pentathlon	Manhattan, Kan.
Dec. 8	Cyclone Holiday Preview	Ames, Iowa
Dec. 8	KSU All Comers	Manhattan, Kan.
Jan. 18-19	Wildcat Inv.	Manhattan, Kan.
Jan. 25-26	ISU Open	Ames, Iowa
Feb. 1	Pitt State Invitational	Pittsburg, Kan.
Feb. 1-2	Husker Inv.	Lincoln, Neb.
Feb. 8-9	Mule Relays	Warrensburg, Mo.
Feb. 9	adidas Classic	Lincoln, Neb.
Feb. 15	Iowa State Classic	Ames, Iowa
Feb. 15-16	MSSU Radio Shack Inv.	Joplin, Mo.
Feb. 22	Prairie Wolf Invitational	Lincoln, Neb.
Feb. 23	KSU Open	Manhattan, Kan.
Feb. 29-Mar. 1	MIAA Championships	Joplin, Mo.
March 14-15	NCAA Championships	Mankato, Minn.

2008 ESU Outdoor Track & Field Schedule		
DATE	MEET	LOCATION
March 12	Mike's Sporting Goods Twilight	Emporia
March 29	UT-Arlington Inv.	Arlington, Texas
April 5	ESU/State Farm Relays	Emporia
April 10-11	ESU Open Multis	Emporia
April 12	Papa John's D-II Challenge	Emporia
April 17-19	Kansas Relays	Lawrence, Kan.
April 24-26	Drake Relays	Des Moines, Iowa
April 25-26	UMKC Inv.	Kansas City, Mo.
April 27-28	MIAA Multi-events	Hays, Kan.
May 3-4	MIAA Championships	Maryville, Mo.
May 10	ATG Sports Qualifier	Emporia
May 22-24	NCAA Championships	Walnut, Calif.

2008 ESU NCAA Automatic Marks			
<b>Women</b>			
<b>5000 Meter Run</b>			
#Rossbach, Jonel	16:51.62	2/15/08	
<b>2008 ESU NCAA Provisional Marks</b>			
<b>Women</b>			
<b>Mile Run</b>			
Rossbach, Jonel	4:56.96	2/9/08	
<b>High Jump</b>			
Robinson, Jennifer	1.69m	5-06.50	12/7/07
<b>Long Jump</b>			
Kent, Brooke	5.78m	18-11.75	2/16/08
Robinson, Jennifer	5.53m	18-01.75	2/16/08
<b>Men</b>			
<b>60 Meter Dash</b>			
Lonberger, Kenton	6.83		1/26/08
<b>High Jump</b>			
Andrews, Dustin	2.11m	6-11.00	2/8/08
Pyle, Alex	2.10m	6-10.75	2/1/08
Saalfeld, Craig	2.09m	6-10.25	1/26/08
<b>Triple Jump</b>			
Honeycutt, Josh	14.39m	47-02.50	2/16/08
Marshall, Doug	14.36m	47-01.50	2/16/08
<b>Shot Put</b>			
Birk, Damon	16.27m	53-04.50	1/18/07

Media Contact	
<b>ESU:</b>	Don Weast, Asst. AD/Media Relations (620) 341-5526 Office (620) 344-6190 Cell dweast@emporia.edu
<b>INTERVIEW POLICY:</b>	Athletes will be available following the awards presentation.

**ESU Track & Field**  
**#23 Men and #32 Women**  
**at 2008 MIAA Indoor Track & Field**  
**Championships**  
 Missouri Southern State University • Leggett & Platt Center • Joplin, Mo.  
 Friday, Feb. 29 - Saturday, March 1, 2008

**CHAMPIONSHIP TIME**  
 Emporia State begins the championship portion of the schedule at the MIAA Championships at the Leggett & Platt Center on the campus of Missouri Southern. Both teams could finish in the top three.

**THE COACH**  
 Dave Harris is in his 16th season as the head coach of the track and field and cross country programs at Emporia State. He was first non-Division I President in the history of the United States Track & Field/Cross Country Coaches Association (USTFCCCA). ESU has hosted the Division II National Championships three times under his leadership.

He is an 11-time MIAA Coach of the Year. The Hornets have established themselves as a nationally prominent NCAA Division II power as 159 times his athletes have earned All-American honors, including 14 NCAA D-II individual championships since 1995. He was named the 2001 NCAA Division II Women's Outdoor Track Coach of the Year. Harris was a four-year letterman at Truman in cross country and track and field and captained the track team for two years. After college, Harris joined the elite section of the St. Louis Track Club sponsored by adidas. From 1979-81 he ran seven marathons with a personal best of 2:19.54 in New Orleans. At the 1979 Boston Marathon, he qualified for the 1980 US Olympic Trials with a time of 2:20.46.

**NATIONAL RANKINGS**  
 The Hornet men are ranked #23 and the women are #32 in the final NCAA D-II Power Rankings. The rankings are determined by the top two marks for each school in the events contested at the NCAA D-II Outdoor Championships. Emporia State is one of six MIAA teams with both their men's and women's teams ranked.

**LOOKING BACK AT 2007**  
 Both the Emporia State men and women placed fifth at the MIAA Indoor Track and Field Championships in Warrensburg, Mo. ESU had four individual champions led by **Jonel Rossbach's** wins in the 3000m and 5000m. She also finished second in the mile run to earn 28 points and finish second in the individual point race. **Jaclyn Sill** won the 600y run and **Kara Euler** won the 400m. The ESU men got runner-up finishes from **Eric Wellman** in the mile and 3000m while **Dustin Andrews** placed third in the high jump.

**WHERE THEY RANK**  
 ESU has the top entered performer in nine events, five for the women and four for the men. **Jonel Rossbach** enters the meet with the top time in the mile, 3000m and 5000m runs. **Jaclyn Sill** is the top performer in the 600y. **Brooke Kent** has the best mark in the long jump. **Kenton Lonberger** is the fastest man in the 60m while **Skyler Delmott** has the best 5000m time. **Dustin Andrews** is the top high jumper and **Josh Honeycutt** has the best long jump in the league.

**WHERE TO FINISH**  
 Based on the entered performances, ESU could finish third in both the men's and women's competition. UCM and MSSU, the two teams with full indoor tracks, look to be the favorites. The men will need big points from **Dustin Andrews, Alex Pyle** and **Craig Saalfeld** in the high jump and **Josh Honeycutt** and **Doug Marshall** in the triple jump. The women will need individual performances from **Jonel Rossbach** in the distance races and **Brooke Kent** and **Jennifer Robinson** in the jumps.

**UP NEXT**  
 Those athletes that qualify will be competing at the NCAA Division II Indoor Championships in Mankato, Minn. The outdoor season is set to begin on March 12 with the Mike's Sporting Goods Spring Twilight at the Zola Witten Track in Welch Stadium.



55 Meter Dash

4 Renea Weaver	7.63	Pitt State Inv. (2/1/08)
5 Lynnsey Nichols	7.71	Pitt State Inv. (2/1/08)

60 Meter Dash

PRE Kent, Brooke	7.81	Prairie Wolf Inv. (2/22/08)
14 Weaver, Renea	8.11	Prairie Wolf Inv. (2/22/08)
20 Nichlos, Lynnsey	8.31	Prairie Wolf Inv. (2/22/08)
21 Hughes-Stanton, Chastity	8.34	Prairie Wolf Inv. (2/22/08)

200 Meter Dash

12 Sill, Jaclyn	26.12	ISU Open (1/25-26/08)
7 Brooke Kent	26.86	KSU Allcomers (12/8/07)
24 Nichols, Lynnsey	27.06	Prairie Wolf Inv. (2/22/08)
26 Green, Ryan	27.25	Prairie Wolf Inv. (2/22/08)
10 Chastity Hughes-Stanton	27.34	KSU Allcomers (12/8/07)
12 Shonta Spencer	28.00	KSU Allcomers (12/8/07)
35 Weaver, Renae	28.48	Radio Shack Inv. (2/15-16/08)
20 Lindsay Lippert	29.06	KSU Allcomers (12/8/07)

400 Meter Dash

2 Sill, Jaclyn	57.79	Prairie Wolf Inv. (2/22/08)
17 Lundgren, Brandi	1:00.50	Prairie Wolf Inv. (2/22/08)
19 Spencer, Shonta	1:01.44	Prairie Wolf Inv. (2/22/08)
18 Hughes-Stanton, Chastity	1:01.82	ISU Open (1/25-26/08)

600 Yard Run

3 Sill, Jaclyn	1:26.79	Radio Shack Inv. (2/15-16/08)
4 Brandi Lundgren	1:28.96	Wildcat Invite (1/19/07)
24 Spencer, Shonta	1:34.82	ISU Open (1/25-26/08)
1 Kathryn Davison	1:36.39	Pitt State Inv. (2/1/08)

Women's 600m Run

4 Davison, Kathryn	1:39.87	Prairie Wolf Inv. (2/22/08)
8 Baum, Tiffany	1:44.69	Prairie Wolf Inv. (2/22/08)

800 Meter Run

4 Davison, Kathryn	2:24.57	Radio Shack Inv. (2/15-16/08)
10 Baum, Tiffany	2:31.82	Radio Shack Inv. (2/15-16/08)
7 Chelsea Clanton	2:32.51	KSU Allcomers (12/8/07)
8 Kylie Bookout	2:32.59	KSU Allcomers (12/8/07)
PENT Green, Ryan	2:49.54	Robinson Pentathlon (12/7/07)
PENT Robinson, Jennifer	2:56.38	Robinson Pentathlon (12/7/07)

1000 Meter Run

9 Davison, Kathryn	3:10.21	ISU Open (1/25-26/08)
16 Baum, Tiffany	3:31.07	Prairie Wolf Inv. (2/22/08)

Mile Run

4 *Rossbach, Jonel	4:56.96	adidas Inv. (2/9/08)
6 Davison, Kathryn	5:22.60	Radio Shack Inv. (2/15-16/08)

3000 Meter Run

3 #Rossbach, Jonel	9:50.39	ISU Open (1/25-26/08)
8 Morgan Frehe	12:08.52	KSU Allcomers (12/8/07)

5000 Meter Run

7 **#Rossbach, Jonel	16:51.62	ISU Classic (2/15/08)
----------------------	----------	-----------------------

55 Meter Hurdles

5 Ryan Green	9.40	Pitt State Inv. (2/1/08)
--------------	------	--------------------------

60 Meter Hurdles

4 Brooke Kent	9.33	KSU Allcomers (12/8/07)
10 Ryan Green	10.03	Wildcat Invite (1/19/07)
PENT Robinson, Jennifer	10.46	Robinson Pentathlon (12/7/07)
13 Lindsay Lippert	11.33	Wildcat Invite (1/19/07)

4x400 Meter Relay

2 Emporia State	3:58.22	Prairie Wolf Inv. (2/22/08)
-----------------	---------	-----------------------------

High Jump

PENT *Robinson, Jennifer	1.69m 5-06.50	Robinson Pentathlon (12/7/07)
PENT Green, Ryan	1.36m 4-05.50	Robinson Pentathlon (12/7/07)

Long Jump

3 *Kent, Brooke	5.78m 18-11.75	Radio Shack Inv. (2/15-16/08)
4 *Robinson, Jennifer	5.53m 18-01.75	Radio Shack Inv. (2/15-16/08)
8 Weaver, Renae	5.27m 17-03.50	Radio Shack Inv. (2/15-16/08)
9 Green, Ryan	5.15m 16-10.75	Prairie Wolf Inv. (2/22/08)
3 Lindsay Lippert	5.12m 16-09.75	Pitt State Inv. (2/1/08)

Triple Jump

4 Robinson, Jennifer	11.07m 36-04.00	Radio Shack Inv. (2/15-16/08)
10 Lindsay Lippert	9.51m 31-02.50	Pitt State Inv. (2/1/08)

Shot Put

2 Linzi Weilert	12.79m 41-11.50	Wildcat Invite (1/19/07)
6 Molly Pannbacker	11.72m 38-05.50	Wildcat Invite (1/19/07)
PENT Green, Ryan	9.46m 31-00.50	Robinson Pentathlon (12/7/07)
PENT Robinson, Jennifer	6.81m 22-04.25	Robinson Pentathlon (12/7/07)

Weight Throw

3 Linzi Weilert	14.30m 46-11.00	Pitt State Inv. (2/1/08)
-----------------	-----------------	--------------------------

Pentathlon

7 Robinson, Jennifer	2,800 pts	Robinson Pentathlon (12/7/07)
10 Green, Green	2068 pts.	Robinson Pentathlon (12/7/07)



**55 Meter Dash**

6 Josh Schuler	6.59	Pitt State Inv. (2/1/08)
15 Larry Beamon	6.73	Pitt State Inv. (2/1/08)
18 Travis Lee	6.77	Pitt State Inv. (2/1/08)
19 Sean Higginbotham	6.80	Pitt State Inv. (2/1/08)

**60 Meter Dash**

3 *#Lonberger, Kenton	6.83	ISU Open (1/25-26/08)
13 Josh Schuler	7.08	KSU Allcomers (12/8/07)
12 Beamon, Larry	7.10	Prairie Wolf Inv. (2/22/08)
7 Travis Lee	7.11	Wildcat Invite (1/18/07)
21 Sean Higginbotham	7.20	KSU Allcomers (12/8/07)
40 Marshall, Doug	7.44	Radio Shack Inv. (2/15-16/08)
50 Honeycutt, Josh	7.64	Radio Shack Inv. (2/15-16/08)

**200 Meter Dash**

6 #Lonberger, Kenton	21.97	ISU Open (1/25-26/08)
9 Schuler, Josh	22.56	Prairie Wolf Inv. (2/22/08)
13 Beamon, Larry	22.75	Prairie Wolf Inv. (2/22/08)
27 Higginbotham, Sean	23.88	Mule Relays (2/8/08)

**400 Meter Dash**

4 Kevin Miller	50.44	KSU Allcomers (12/8/07)
10 James Hemphill	52.18	KSU Allcomers (12/8/07)
40 Mann, Kyle	52.31	ISU Open (1/25-26/08)
7 Kyle Kotzman	53.45	Pitt State Inv. (2/1/08)
18 Wes Doolittle	53.64	KSU Allcomers (12/8/07)

**600 Yard Run**

8 Kyle Mann	1:15.63	KSU Allcomers (12/8/07)
3 Kotzman, Kyle	1:15.86	Radio Shack Inv. (2/15-16/08)
7 Sloane Kern	1:18.67	Wildcat Invite (1/18/07)
10 Dan Quillen	1:21.12	Wildcat Invite (1/18/07)
8 Michael Stephens	1:21.25	Pitt State Inv. (2/1/08)
17 Roger Bertsche	1:30.88	Wildcat Invite (1/18/07)

**Men's 600m Run**

1 Kern, Sloane	1:22.27	Prairie Wolf Inv. (2/22/08)
7 Kotzman, Kyle	1:26.89	Prairie Wolf Inv. (2/22/08)

**800 Meter Run**

18 Kern, Sloane	1:58.12	ISU Open (1/25-26/08)
17 Stephens, Michael	1:59.48	Prairie Wolf Inv. (2/22/08)
11 Quillin, Dan	2:03.40	Radio Shack Inv. (2/15-16/08)
19 McGovern, Adam	2:05.86	Radio Shack Inv. (2/15-16/08)
36 Dvorak, Chris	2:13.25	Mule Relays (2/8/08)

**1000 Meter Run**

8 Hohmeier, William	2:38.02	Prairie Wolf Inv. (2/22/08)
12 McGovern, Adam	2:42.52	Prairie Wolf Inv. (2/22/08)
14 Dvorak, Chris	2:45.30	Prairie Wolf Inv. (2/22/08)
PENT Saalfeld, Craig	2:53.18	Robinson Pentathlon (12/7/07)
PENT Bertsche, Roger	3:34.66	Robinson Pentathlon (12/7/07)

**1 Mile Run**

4 Hohmeier, William	4:28.97	Radio Shack Inv. (2/15-16/08)
18 Ternes, Brock	4:29.68	Prairie Wolf Inv. (2/22/08)
6 Delmott, Skyler	4:31.68	Mule Relays (2/8/08)
23 McGovern, Adam	4:36.21	Prairie Wolf Inv. (2/22/08)
30 Burns, Cody	4:37.99	ISU Open (1/25-26/08)
19 Dvorak, Chris	4:50.72	Radio Shack Inv. (2/15-16/08)

**3000 Meter Run**

4 Delmott, Skyler	8:49.89	Prairie Wolf Inv. (2/22/08)
10 Ternes, Brock	9:07.14	Mule Relays (2/8/08)
35 Wellman, Eric	9:11.44	ISU Open (1/25-26/08)
17 Summers, Marcus	9:16.99	Prairie Wolf Inv. (2/22/08)
20 Hahn, Ryan	9:27.48	Prairie Wolf Inv. (2/22/08)
8 Cody Burns	9:29.72	KSU Allcomers (12/8/07)
3 William Hohmeier	9:30.14	Pitt State Inv. (2/1/08)
14 Chris Dvorak	9:47.01	KSU Allcomers (12/8/07)

**Men 5000 Meter Run**

9 Delmott, Skyler	14:56.46	ISU Classic (2/15/08)
22 Ternes, Brock	15:26.25	ISU Classic (2/15/08)
11 Burns, Cody	16:29.32	Mule Relays (2/8/08)
14 Summers, Marcus	16:36.53	Radio Shack Inv. (2/15-16/08)
13 Hahn, Ryan	16:44.36	Mule Relays (2/8/08)

**60 Meter Hurdles**

3 Craig Saalfeld	8.95	Wildcat Invite (1/18/07)
27 Bertsche, Roger	9.06	ISU Open (1/25-26/08)

**4x440 Yard Relay**

4 Emporia State	3:33.98	Mule Relays (2/8/08)
-----------------	---------	----------------------

**4x400 Meter Relay**

6 Emporia State	3:27.33	Prairie Wolf Inv. (2/22/08)
-----------------	---------	-----------------------------

**Distance Medley**

4 Emporia State	10:50.54	Radio Shack Inv. (2/15-16/08)
-----------------	----------	-------------------------------

**High Jump**

1 *Andrews, Dustin	2.11m	6-11.00	Mule Relays (2/8/08)
1 *Alex Pyle	2.10m	6-10.75	Pitt State Inv. (2/1/08)
2 *Saalfeld, Craig	2.09m	6-10.25	ISU Open (1/25-26/08)
PENT Bertsche, Roger	1.67m	5-05.75	Robinson Pentathlon (12/7/07)

**Pole Vault**

10 Fleming, Tyler	4.00m	13-01.50	Mule Relays (2/8/08)
-------------------	-------	----------	----------------------

**Long Jump**

1 Honeycutt, Josh	7.02m	23-00.50	Radio Shack Inv. (2/15-16/08)
4 Marshall, Doug	6.87m	22-06.50	Radio Shack Inv. (2/15-16/08)
PENT Bertsche, Roger	6.26m	20-06.50	Robinson Pentathlon (12/7/07)
PENT Saalfeld, Craig	6.12m	20-01.00	Robinson Pentathlon (12/7/07)

**Triple Jump**

3 *Honeycutt, Josh	14.39m	47-02.50	Radio Shack Inv. (2/15-16/08)
4 *Marshall, Doug	14.36m	47-01.50	Radio Shack Inv. (2/15-16/08)
3 Matt Koelling	14.07m	46-02.00	KSU Allcomers (12/8/07)

**Shot Put**

2 *Damon Birk	16.27m	53-04.50	Wildcat Invite (1/18/07)
PENT Bertsche, Roger	9.45m	31-00.00	Robinson Pentathlon (12/7/07)
PENT Saalfeld, Craig	9.45m	31-00.00	Robinson Pentathlon (12/7/07)

**Weight Throw**

7 Damon Birk	16.13m	52-11.00	KSU Open (2/23/08)
9 Kevin Roulhac	15.66m	51-04.50	KSU Open (2/23/08)
17 Loyd, Dusty	14.17m	46-06.00	ISU Open (1/25-26/08)
16 Dustin Loyd	14.05m	46-01.25	KSU Open (2/23/08)

**Pentathlon**

7 Saalfeld, Craig	3,404 pts.	Robinson Pentathlon (12/7/07)
8 Bertsche, Roger	2,684 pts.	Robinson Pentathlon (12/7/07)

### NCAA Division II National Power Rankings

#### Men's Indoor Track

Rank	School	Region	Points
1.	Ashland	Great Lakes	265.07
2.	Adams State	North Central	264.92
3.	Grand Valley State	Great Lakes	259.47
4.	Abilene Christian	South Central	257.82
5.	SIU-Edwardsville	Great Lakes	253.23
6.	Western State	North Central	252.65
7.	Central Missouri	South Central	251.92
8.	Shippensburg	East	243.96
9.	Nebraska - Kearney	North Central	242.83
10.	Minnesota State - Mankato	North Central	241.66
11.	Colorado School of Mines	North Central	239.94
12.	Pittsburg State	South Central	238.80
13.	Chadron State	North Central	238.01
14.	Minnesota - Duluth	North Central	235.51
15.	Kutztown	East	235.34
16.	Wayne State (Nebraska)	North Central	234.55
17.	Saginaw Valley State	Great Lakes	232.76
18.	Lock Haven	East	232.54
19.	Tiffin	Great Lakes	231.52
20.	Northern State	North Central	230.30
21.	East Stroudsburg	East	230.04
22.	Slippery Rock	East	229.84
23.	EMPORIA STATE	SOUTH CENTRAL	228.93
24.	Fort Hays State	South Central	224.85
25.	Northwest Missouri	South Central	219.96

Others: Missouri Southern 218.05, Minn. State-Moorhead 217.95, Mass.-Lowell 215.75, Wheeling Jesuit 214.26, Lewis 213.85, Hillsdale 212.45, Missouri Tech 210.08, Findlay 208.77, Bemidji State 206.27, Mary 204.61, Northwest Nazarene 195.82, Concordia-St. Paul 192.50, Stonehill 189.01, Saint Joseph's (Indiana) 185.26, Saint Rose 182.53, Augustana 164.14, Clayton State 162.95, Adelphi 162.50, Kentucky State 131.46, Northwood University 111.44, Bowie State 70.26

#### Women's Outdoor Track

Rank	School	Region	Points
1.	Ashland	Great Lakes	251.27
2.	South Dakota	North Central	248.27
3.	Grand Valley State	Great Lakes	243.85
4.	Missouri Southern	South Central	241.48
5.	Abilene Christian	South Central	238.28
6.	Central Missouri	South Central	233.14
7.	Minnesota Duluth	North Central	231.64
8.	Nebraska - Kearney	North Central	231.53
9.	Adams State College	North Central	229.15
10.	SIU-Edwardsville	Great Lakes	228.52
11.	Western State	North Central	226.79
12.	Findlay	Great Lakes	222.29
13.	Lewis	Great Lakes	221.11
14.	Minn. State - Moorhead	North Central	221.05
15.	Slippery Rock	East	220.25
16.	Shippensburg	East	219.77
17.	Winona State	North Central	219.45
18.	Kutztown	East	218.79
19.	Saginaw Valley State	Great Lakes	217.05
20.	Pittsburg State	South Central	216.21
21.	Northwest Missouri	South Central	215.50
22.	Hillsdale	Great Lakes	212.98
23.	Northwest Nazarene	West	212.07
24.	Wayne State (Nebraska)	North Central	208.43
25.	Ferris State	Great Lakes	208.20

OTHERS: Lock Haven 207.93, East Stroudsburg 207.20, Mary 206.82, Mass.-Lowell 205.84, Augustana (SD) 201.28, Ft. Hays State 199.76, EMPORIA STATE 195.87, Neb.-Omaha 194.12, Chadron State 193.29, Northern State 174.88, Saint Joseph's (Ind.) 168.90, Stonehill 164.29, Wheeling Jesuit 162.74, Seton Hill 155.76, Tiffin 155.16, Colorado Mines 143.51, Concordia-St. Paul 136.15, Clayton State 135.46, Saint Rose 128.05, San Francisco State 124.11, Adelphi 106.09

MIAA Teams in Bold

